



The Exponent

June 17-23, 2022

WORSHIP



Sunday, June 19, 10:00 AM "Oh, We Give Thanks!"

Rev. Jake and Rev. Tandy leading service

Gratitude is perhaps the deepest dimension of this goodbye. In this Good Goodbye series, Jake and Tandy will share their gratitude for the ORUUC community that has nurtured and accompanied them through their ministries.

To participate in worship on Zoom, please register here <https://zoom.us/j/912345678> If you've already registered (a one-time process), use the link you've received via email to attend worship.

All are welcome! We look forward to seeing you!

In-Service and Zoom. ZOOM door opens at 9:45 am. See link below.

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

Send Prayer Requests: prayers@oruuc.org or Text 865-224-6388

UP FRONT

You're invited...



oruuc.org/good-goodbye



Wherever you are and however you are, come join us **TOMORROW, Saturday, June 18**, for Jake and Tandy's Good Goodbye Celebration. We will honor them and their ministries with a special program in the sanctuary and on [Zoom](#) (Meeting ID: 863 8995 5639 Passcode: 894649) at 6:30 p.m. (doors open at 6:00). Afterwards, we will celebrate them and all the love and joy they have given us with a farewell party that includes a bonfire, catered snacks, singing and dancing, a photobooth to send your farewell messages, and just plain fun with Jake and Tandy one last time. Memories will be made Saturday night, and we want YOU to be

part of it! The event will wrap up at 10:30ish. So, put on your dancing shoes, bring a lawn chair for the fire pit, and come join this historic celebration and show of love, won't you? [CLICK HERE](#) for more information.

Extra parking for the party is available at Summit Medical and Sexton Motors. Child care will be available.

Ecumenical Storehouse
Saturday, June 18



An overly busy Saturday coming up. Our turn to do Ecumenical Storehouse (with United Church) in the morning, also Lavender Festival all day, and the Good Goodbye Party in the evening. Whew! Who is up for lugging furniture around? Thanks. Martin

Congregational Meeting
Sunday, June 19, 11:15 am

Our Summer Congregational Meeting will be held Sunday, June 19 following service at 11:15 AM. A draft agenda and the slate of candidates for election to the Board and our several committees follows. We look forward to seeing you at the meeting!

Nominees for open positions on the board on committees:

Board:

At-large:

Freddie Nechtow

Charles Davis

President-elect:

Sue Lasky

Treasurer:

Brandon White

Nominating Committee:

Jil Smith

Robyn Naughton

Sheila Morton

Amanda Law

Nancy Highfill

Charter & Bylaws:

Amanda Fishel

Aubrey Wick-Sebastian

Endowment Committee:

Allyson Rayfield

Shelaine Curd

Split the Plate nominees:

Fresh Fruit for Kids

Second Harvest Food for Kids Backpack Program

Stone Soup

Aid to Distressed Families of Appalachian Counties (ADFAC)

Ecumenical Storehouse

Clinch River Habitat for Humanity

Sanctuary Team

TORCH

Blossom Center for Childhood Excellence

Child Advocacy Center of Anderson County

Crossroads Ministry Inc.

Free Medical Clinic

Planned Parenthood of Tennessee and Northern Mississippi

Tennessee Citizens for Wilderness Planning

***Oak Ridge
Unitarian Universalist
Church***

**CONGREGATIONAL
MEETING**

SUNDAY, JUNE 19, 2022
11:15 A.M.
IN THE SANCTUARY
AND ON ZOOM

AGENDA

- I. Meeting Called to Order
- II. Opening Words
- III. Present and Approve December Meeting Minutes
- IV. President's Report
- V. Minister's Report
- VI. Treasurer's Report
- VII. Endowment Committee Report
- VIII. Vote on Budget
- IX. Vote on Board and Committee Nominees
- X. Vote on Split the Plate
- XI. Closing Words
- XII. Adjournment

Split the Plate

Thank you to everyone who took the time to bring forward our 14 nominees for the upcoming year's Split the Plate program. It's been a pleasure to learn about new groups and get updates about our prior recipients. At the congregational meeting on June 19, you'll be asked to select 9 organizations to receive half of the undesignated offering for 4 Sundays. Ballots will be available both in person and on the Zoom call. In the meantime, please take a few moments to learn more about our outstanding nominees at this

link: <https://www.flipsnack.com/amfishel/2022-2023-split-the-plate-brochure.html>



Members-at-Large serve two-year terms. Ethan Coon and Nathaniel Bass will remain on the Board for the 2022-23 church year; Regina Guy and Shelaine Curd are coming off the Board. Val Herd is also coming off the Board as Past President. Jim Nutaro will become Past Present. Michelle Thornton will move from President-Elect to President. Elections for Board vacancies and others will take place at Sunday's Congregational Meeting.

Stone Soup

Dine in



Or Drive Thru

Friday, June 24

5 p.m. – 6 p.m.

Or until supplies run out!

**Menu: Kitchen Sink Pasta Salad,
Fruit and Rice Krispies Treats**

Stop by the church Social Hall for a meal, or drive through the loop near the church entrance where a volunteer will bring a meal to your vehicle.

Oak Ridge Unitarian Universalist Church
809 Oak Ridge Turnpike, Stoplight #2

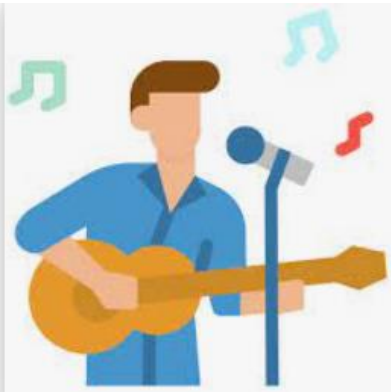
(865) 483-6761



Special thanks to our Community Partners for making this Final Friday Monthly Meal possible:

Kroger Marketplace
Jewish Congregation of Oak Ridge





ORUUC Coffeehouse

Saturday, June 25, 6:30 p.m.

Start getting your act together, 'cause the coffeehouse is back! Any kind of rehearsed, presentational act is possible, from the silly to the sublime. All ages and all kinds of talent are encouraged. Past shows have included one-act plays, singer-songwriters, vocal and instrumental solos or ensembles, joke telling, dancers, and novelty acts. This is your chance to live out a performance fantasy, to ham it up, to build some experience performing in front of people, or to blow people's minds by unveiling a unique talent you've been keeping to yourself. Refreshments and beverages will be available. Advance sign-up is required for all performers. The signup deadline is Tuesday, June 21. Contact Michael Bjerke at 865-567-8385 or michaelbjerke@comcast.net

Join the ORUUC Banned Books Discussion Series

Saturday mornings in July on Zoom

ORUUC Banned Books Discussion Series with Rev. Gaye Morris
Every Saturday morning during July on Zoom

Last year in the Young Adult fiction genre, more than 1500 books were either challenged or banned in the United States. The reasons they are banned vary; some because they are

accused of being sexually explicit or violent...but they are worth exploring in the censorship climate we face today, especially in our education system.

Our Fourth UU Principle urges us to affirm and promote “a free and responsible search for truth and meaning.” What better way for our congregation to put this into action than to read a banned book?

ORUUC’s Community Minister Rev. Gaye Morris will facilitate a Zoom discussion each Saturday morning in July at 11:00 a.m. for book readers, including high school youth who want to read these books and contribute to the group discussions. A list of the books and their discussion dates appears below. You may wish to purchase these books for yourself, but I also urge you to ask your local librarian for these titles, as a gesture of solidarity against book censorship.

To register for the discussion series, please click on this

link: <https://onrealm.org/oruuc/Registrations/Info/c0dbc63c-4212-4e36-b75b-aea6013a534b>.

You will need a Realm log in to sign up for this discussion group. If you need help with Realm, or with registering for the class, please contact Rachel at communications@oruuc.org.

You can attend one, several, or all of the sessions. Registration will enable you to receive the Zoom link for that week’s discussion.

Reading List

- **Saturday, July 2nd** - *Lawn Boy* by Jonathan Evison. Banned and challenged for LGBTQIA+ content and because it was considered to be sexually explicit, this is a novel about overcoming cultural discrimination and social class distinctions. Mike Munoz is the lawn boy who is a few years out of high school and, after being fired from a landscaping crew, realizes he needs to act in order to change his life – if only he can figure out how. A BookBrowse review says *Lawn Boy* “takes the reader into the heart and mind of a young man on a journey to discover himself, a search to find the secret to achieving the American dream of happiness and prosperity.”
- **Saturday, July 9** - *All Boys Aren’t Blue* by George M. Johnson. This young-adult memoir tells of the trials and triumphs faced by Black queer boys. The book has been banned and challenged for LGBTQIA+ content, profanity, and because it was

considered to be sexually explicit. Goodreads describes it as “Both a primer for teens eager to be allies as well as a reassuring testimony for young queer men of color.”

- **Saturday, July 16** - *Out of Darkness* by Ashley Hope Perez. “*This is East Texas, and there’s lines. Lines you cross, lines you don’t cross. That clear?*” Pérez takes the facts of the 1937 New London school explosion—the worst school disaster in American history—as a backdrop for a riveting novel about segregation, love, family, and the forces that destroy people. This book has been banned, challenged, and restricted for depictions of abuse and because it was considered to be sexually explicit.
- **Saturday, July 23** - *The Hate U Give* by Angie Thomas. This is the story of a 16-year old girl whose childhood best friend is gunned down by a police officer. Starr Carter lives in a poor neighborhood but attends a fancy suburban prep school; when she witnesses the shooting of the unarmed teen, her life is turned upside down and her community is caught up in the uproar and chaos surrounding the fatal shooting. This book was banned and challenged for profanity, violence, and because it was thought to promote an anti-police message and indoctrination of a social agenda.
- **Saturday, July 30** – Concluding session. We end the month with a wide-ranging discussion of what freedom of speech means in the current censorship debate, and how we as UUs understand our obligation to contribute our voices and opinions to it.



Mother Goose



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month
at 10:30 AM
with "Father Goose" Michael Raymond**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.

Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium



Line Dancing

Sunday, 3:00 pm

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested. For more information, contact Jo Curran or Steven Albright.



Tai Chi

M-W-F, 11-12 am

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimer's, dropped cervix, bunions, & more. For more information, call Janet Hoegler at 865-963-5115.

ANNOUNCEMENTS

Justice and Joy: Jake and Tandy's Farewell Gifts to ORUUC

Dear Friends,

Last week, I departed on ORUUC's Youth Heritage Trip to Boston with 21 ORUUC Youth and 6 Adults, all bound for learning about the rich legacy of Unitarian Universalism. Thank you for making that trip possible. Actually, thank you for making this youth ministry possible. The myth

is that congregations are only one, aging generation. The truth at ORUUC is that we are a thriving multi-generational community in which the elders happily welcome and support younger generations and the young generations regularly talk about how much they admire and aspire to be like the older generations.

Before I departing, I wantedd to let you know about an effort Tandy and I will undertake in this last month with ORUUC. We're organizing two farewell gifts to the Congregation. ORUUC's mission is "cultivating a community of justice and joy." In that spirit, we're raising money sufficient to fund a community-wide OWL program, over time: to pay for trainings and building the capacity of ORUUC to offer OWL to the youth in our area who need it (including the ones in ORUUC families). Secondly, we'd like to leave ORUUC a huge swing on the campus. For years, ORUUC-ians have talked about wanting a swing, and it never has happened. So, by gum, we're going to help it happen.

Tandy and I can't do this alone. So, like the Stone Soup story, we're inviting the community to make it possible, together.

If you will contribute to help make possible these expressions of Justice and Joy, as Tandy and I leave, please make your gift here: <https://gofund.me/a0bc0808>

Gratefully,
Jake



**EXTRA ORUUC T-SHIRTS
AVAILABLE!**

\$20 each

**Size available: Adult Large
6 baseball style
1 tie dye**

*Please purchase in the church
office, or see Christine Rehder.*

THANK YOU FOR YOUR SUPPORT!

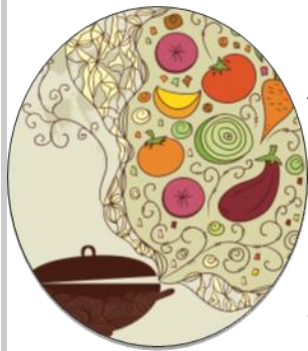


Volunteers Needed to Pack School Backpacks For Kids



ORUUC needs your help on **Wednesday, June 22 at 8:30 a.m.** to work with **Aid to Distressed Families of Appalachian Counties (ADFAC)** to pack **80 backpacks for schoolchildren in Clinton**. Packing will take place at the ADFAC Book Distribution Center next to the Free Medical Clinic on East Division Road in Oak Ridge. Once the backpacks are packed, a couple of volunteers will also be needed to transport them to Clinton.

Please contact Patsy Stacy at 865-399-1370 or pstacy@comcast.net if you're interested in helping. For more information on the backpack program, go to <https://adfacs.org/schoolsupplies.html>. Thank you!



The Stone Soup Team needs your help!

The Stone Soup Team is in need of more help for both cooking soup and baking in the future! We're looking for at least 4 more cooks who can be available most months to assist. Please consider joining us this month! **Our next meal is Friday, June 24.** Please contact Miria at meg.harrison84@gmail.com or the church office to volunteer.

Thank you!



**ORUUC Pantry
Needs**

This Month

- Canned Meats (Tuna, etc.)
- Peanut Butter
- Canned Soup
- Canned Fruit
- Canned Green Vegetables
- Individual Snack Crackers
- Canned Pasta/Meat Meals



COVID-19 Update

The Covid-19 Task Force appreciates the feedback received during the Open Forum on Sunday, May 22 in the Sanctuary. The task force has drafted an update to its Pandemic Action Level (PALs) guidelines incorporating the Covid-19 Community Levels data from the CDC. The Executive Team is reviewing the recommended changes.

The current Covid-19 Community Level for Anderson and surrounding counties is Low. The rest of the factors in our PALs guidelines put us at a Moderate risk level. As a task force, we continue to encourage church members and friends to get vaccinated and boosted. Wear a mask if you are more comfortable doing so; use your own judgment, based on your circumstances. If you have symptoms, a positive test, or known exposure to someone with Covid, please stay at home and worship with us on Zoom.

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#). See this [link](#) for ORUUC's PALs reports and resources.

Know Your COVID-19 Community Level

Covid-19 Community Levels are a tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high, and are determined by looking at hospital beds being used, hospital admissions, and the

total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. [COVID-19 by County | CDC](#)

What Prevention Steps Should You Take Based on Your COVID-19 Community Level?

Low	Medium	High
<ul style="list-style-type: none">Stay up to date with COVID-19 vaccinesGet tested if you have symptoms	<ul style="list-style-type: none">If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautionsStay up to date with COVID-19 vaccinesGet tested if you have symptoms	<ul style="list-style-type: none">Wear a mask indoors in publicStay up to date with COVID-19 vaccinesGet tested if you have symptomsAdditional precautions may be needed for people at high risk for severe illness

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.



Get Free At-Home COVID-19 Tests

Every home in the U.S. is eligible to receive **four free at-home COVID-19 tests**. Orders usually ship in 7-12 days. Order tests now so you have them when you need them: <https://www.covidtests.gov/>

Note: At-home COVID-19 rapid test kits contain a small amount of sodium azide. To prevent accidental poisonings, poison control centers recommend the following tips:

- Store the kit “up and away,” out of the sight and reach of children and pets.
- Leave the kit sealed until needed and throw it away immediately after use.
- Make sure to read and follow the instructions on the package before using.

<https://blog.cincinnatichildrens.org/84/covid-19-home-test-kit-dangers-what-parents-need-to-know>



Our Split-the-Plate offering recipient for the month of June is the Ministers' Discretionary Fund. This important fund is used by our ministers to provide immediate assistance to neighbors in need.
Give [HERE](#)

OUR ORUUC FAMILY

Caring for Each Other

Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery?

Contact Rev. Tandy Scheffler, Minister of Care & Connection, or the church office: (865) 483-6761 or office@oruuc.org or a Caring Coordinator!

Caring Coordinators for June

Irene Robbins robbinsif1@comcast.net 207-0743

Kate Holtkamp-Readle Kate.holtkamp@gmail.com 423-231-5482



Irene Robbins Robbinsif1@comcast.net 865-207-0743

Kate Holtkamp-Readle kate.holtkamp@gmail.com 423-231-5482

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator(865) 483-6761

Office Hours M-F 10 AM to 4 PM office@oruuc.org

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.



Robert Leo Spore, "Bob," was born in York, Nebraska, on May 15, 1942 and died from a stroke on May 27, 2022. He graduated with the Lexington high school class of 1960 and attended the University of Nebraska. In 1968 he married Margot Myers, a fellow trumpet player in the high school band. They moved to Penn State University, where Bob finished graduate school in 1972 with a PhD in economics.

In 1972 Bob was employed by Oak Ridge National Lab and became first head of the newly formed economic section the the Energy Division. During his time at the Lab he studied the cost of energy production and conservation, and wrote environmental impact statements for nuclear power plant licensing. After six years he and a partner opened Tennessee Model Hobbies, a small business selling mostly radio controlled planes and boats. In 1981 their son, Andy, was born, and two years later Bob left the shop to be a stay-at-home dad while Margot went back to teaching. Once Andy became older, Bob worked a few years as an adjunct professor at Roane State Community College. His most recent job was working at Staples, retiring in 2008.

While at home Bob was always involved in various activities and creative projects. During this time he was active in the Oak Ridge Unitarian Universalist Church as board member, treasurer, and choir member. His lifelong love of woodworking inspired him to create and sell furniture, planters, bud vases, boxes, and more. In

1988 Bob co-lead a community effort with Leathers Associates to build the Cedar Hill Playground in five days with 2,000 volunteers. He considered that experience one of the highlights of his life. He served on the city's Environmental Quality Board, and in 1989 he was elected to Oak Ridge City Council for four years. During his time on City Council, he worked on issues such as preservation and renovation of the Oak Ridge pool, and developing a housing assistance program. He also traveled with a group of representatives to our sister city in Japan.

His musical tastes ranged from Merle Haggard to Mozart. He took adult piano lessons and sang bass in a Barbershop Quartet and Chorus for a time. As a writer, he wrote the poem "Prairie Moon," "How to Start and Manage Your Own Small Retail Business," "Crossword Companion," containing 50 puzzles, and a satirical story called "The Golden Age of Atom City." On long camper trips, he invented stories to put into his collection of humorous "Mules Butt Tales." He teased his high school classmates by writing life stories of Marlene, a fictional classmate, and creating Nebraska quizzes. In his later years Bob decided to visit and collect photos of all 95 county courthouses in Tennessee. He and Margot enjoyed traveling in their small camper to those counties, all inland states, and 36 National Parks. They also camped in Florida every winter to go shelling and walk the beaches. When not traveling, he enjoyed gardening and cooking at home.

Preceding Bob in death were his parents, Robert and Helen Spore, and sister-in-law, Janet Spore. He leaves behind his wife, Margot, son Andy, of Nashville; siblings Becky (Roger) of Ohio; brothers Allen (Susan) of California, Chuck (Pat) of Nebraska, Bill of Texas; brother-in-law Michael of Colorado, and camping cousin Jane Dwyer (Terry) of New Jersey. He is also survived by his buddies in two coffee groups, plant-based dinner group, cardiac rehab group, and Thursday hiker group.

A celebration of life will be held at the ORUUC social hall on Monday, June 20, at 1:30-3:30PM. It will begin with anyone wanting to briefly share a memory. In lieu of flowers, memorials may be made to Tennessee Citizens for Wilderness Planning, the Oak Ridge Unitarian Universalist Church, or the Southern Poverty

Law Center.

Here is the Zoom link and info for Bob's memorial event on Monday:

<https://us06web.zoom.us/j/86159420340?pwd=b3ZHTFh6ekw5aGIXdXICVzRCQ0JPUT09>

Meeting ID: 861 5942 0340

Passcode: 993181

Roberta (Robin) Joan Toth died at the age of 87 on February 20, 2022. She was born June 1, 1934 in Los Angeles, California to Andrew Robert (Bob) and Edna Kelly.

She attended University High School in Los Angeles and went on to attend the University of California, Berkeley. Robin received a bachelor's degree in political science from UCB and later, once her children were school aged, she attended the University of Tennessee and received her master's degree in education. She continued to be a lifelong learner enrolling in ORICL classes at Roane State as well as being a voracious reader.

Robin loved music. She played the piano and sang in the church choir in Los Angeles. She enjoyed classical music so much that she would take herself to the symphony in downtown Los Angeles as a teen-ager. Her family lived near the Pacific Ocean, which she loved.

A favorite story of Robin's was how she met her husband Ken. She and her friend Carole were attending a tequila party sponsored by one of the sororities at Berkeley when she noticed Ken across the room (and of course he noticed her). Ken had been talking to Carole during the party and then offered both of them a ride home. Much to Robin's surprise (and we believe Carole's disappointment) Ken asked her to the next football game. That turned into a devoted partnership

and marriage of over 65 years. They spent some time in Europe, while Ken worked on scientific projects, first in Denmark and later in the Soviet Union.

When Robin and Ken moved to Oak Ridge she taught at Elm Grove Elementary School, but took a hiatus after about six years to focus on her young family. Several years later with a master's degree under her belt she started teaching at Robertsville Junior High School. Robin went on to teach at ORHS where she was highly regarded by both staff and students. Her final chapter in teaching was working with the Smoky Mountain Writing Project where she worked with other teachers in developing writing skills and programs.

Robin was very active in a variety of causes. She was very involved in the League of Women Voters most of her life, holding a number of offices within the organization. Anyone that knew her knew how passionate Robin was about politics. She was involved in both Bernie Sanders' campaigns and Barack Obama's campaign. To call her a social justice warrior would be putting it mildly....always putting time and effort into helping the people.

Robin and Ken joined the Oak Ridge Unitarian Universalist Church over twenty years ago. Robin was integral in the formation of the Reflections Group at the church and ran the group until her health began to decline. She was also involved with various committees, activities and outreach for the church throughout the years.

Surviving her is her husband Kenneth Toth of Oak Ridge; daughter Deborah Wyatt of Oak Ridge; son Kenneth Toth Jr. of Chicago, Illinois; sister Kathryn Kelly Epstein of Oakland, California; nephew, Jaron Epstein of Oakland, California. Her grandchildren are Kenneth Wyatt of Oak Ridge; Christina Wyatt Hart of Oak Ridge and Emma Toth of Cleveland, Ohio. She has two great grandchildren Ellie O'meara of Raleigh, North Carolina and Anna Hart of Oak Ridge.

A memorial service to celebrate her life will be held at the Oak Ridge Unitarian Universalist Church. 809 Oak Ridge Turnpike on June 25, 2022 at 10:30 am. Reverend Tandy Scheffler will be officiating. In lieu of flowers

memorials may be made to the Endowment Fund of the Oak Ridge Unitarian Universalist Church.

ORUUC LEADERSHIP

The ORUUC Board of Officers

President: Jim Nutaro
Past President: Val Herd
President-Elect: Michele Thornton
Secretary: Jason Fishel
Treasurer: Brandon White
Members-at-Large:
Shelaine Curd
Regina Guy
Nathaniel Bass
Ethan Coon

The ORUUC Executive Team

Rev. Jake Morrill
Christine Rehder
Christina Elliott
Debra Oscarson

Community/UU



Art Workshops

You are invited to join me and a few friends for an Art Class that Manderley Swain and Zen Lane are teaching at my house.. All are encouraged to learn in a warm and supportive environment. Zen and Manderley teach a variety of techniques and skills. \$25/session \$150 for six. Contact Manderley, Zen or me for details.

Thursdays, 6-8pm
Pre-register to reserve your spot!

Please pre-register to reserve a spot as there is limited seating. Contact Abbie Moore, or Manderley or Zen for more information.



FMC

THE FREE
MEDICAL CLINIC
PRESENTS

**THE
GREATEST
SHOW
BASH**

SATURDAY, AUGUST 13, 2022
FMCOR.ORG

Dear Oak Ridge Unitarian Universalist Church,

Get your tickets today for the BIGGEST SHOW BLAST supporting low-income and uninsured community members for no charge primary care! Register [HERE](#)

August 13, 2022, 6:30-9:30pm

St. Mary's Catholic Church

327 Vermont Ave.

Oak Ridge, TN

Thank you for your support, we are going to have a blast as we join together for fun, food and prizes!

Sincerely,

Becky Dodson and Trish Polfus

The Free Medical Clinic

execdir@fmc.org

865-483-3904

New Initiative at the United Way of Anderson County: Volunteers Needed!



The United Way of Anderson County is working on a pilot program to mentor those in need of financial assistance. We will give them the tools they need to be independent and self-sufficient. But we need your help to get this program rolling! It will take a lot of help from our community, churches, and businesses to work closely with the clients that call United Way for help. The program will be a great way to bring those in financial crisis and community helpers together.

We're looking for volunteers who are

- compassionate, non-judgmental, and able to maintain confidentiality
- good at financial management/understand budgeting
- good problem solvers and are open minded
- able to understand and respect program boundaries
- willing to offer 4 to 8 hours per month of their time

The United Way of Anderson County is hosting a class for interested volunteers on Friday, July 8 from 10 a.m. to 4 p.m. Lunch will be provided. We will meet at First Presbyterian Church of Oak Ridge in Room 102. Please call Debbie Jordan, Community Initiatives Coordinator at the United Way of Anderson County, at 865-483-8431 if you will be attending or you would like more information on how you can help. Together, we can make a difference in the lives of so many people in our community! Thank you!

ON THE CALENDAR THIS WEEK

Friday, June 17

11:00am Tai Chi Practice

Saturday, June 18

(Set Up) Grand Finale Good Goodbye

3:00pm (Canceled) Ukulele

6:30pm Grand Finale Good Goodbye

6:30pm (Zoom) Grand Finale Good Goodbye

Sunday, June 19

Jake and Tandy's Last Sunday with ORUUC

8:45am Circle of Trust I

10:00am Worship Service

11:00am High School (Canceled)

11:00am Reflections (Canceled)

Monday, June 20

11:00am Tai Chi Practice

1:30pm Spore Memorial

6:50pm Meditation Learning and Practice Group

Tuesday, June 21

2:00pm (Rental) Friends of Literacy

6:00pm Board Meeting

6:00pm Depression & Anxiety Support Group

Wednesday, June 22

6:30am Breakfast Rotary

11:00am Tai Chi

12:00pm EXPONENT DEADLINE

11:00am Together in Spirit (Canceled)
11:15am Circle IX (Canceled)
11:15am Congregational Meeting
11:15am Newcomers (Canceled)
12:30pm Buddhism Study Group
12:30pm Rainbow Camp Planning
3:00pm Line Dancing
4:00pm Circle of Trust XI
5:30pm Circle of Trust X

12:30pm Stone Soup Prep
5:30pm Circles of Trust III
6:45pm Choir Practice
7:45pm Band Rehearsal

Thursday, June 23

12:00pm NWUUC & Launchpad Meeting
5:45pm Potluck
6:50pm Meditation Learning and Practice Group

Reminder: The deadline to submit news for the weekly Exponent is WEDNESDAY at NOON. Please send news to Rachel at communications@oruuc.org **AND** Debby Crider

at newsletters@launchpad.faith

Our mailing address is:

809 Oak Ridge Turnpike
Oak Ridge, TN 37830

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