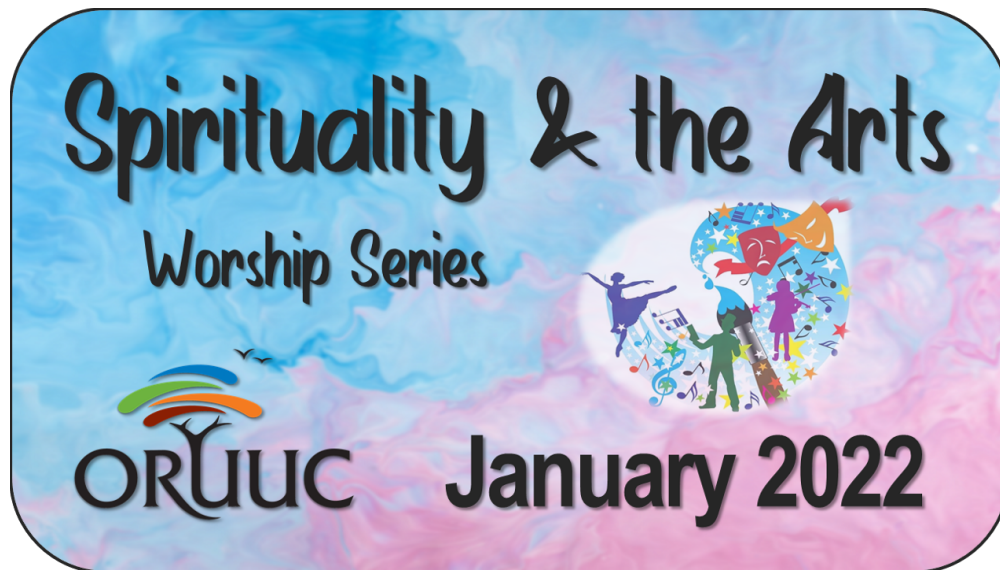




The Exponent

January 7-13, 2022

WORSHIP



Sunday, January 9, 10:00 AM "Spirituality & The Arts Week 2"

Rev. Jake leading worship

(Visual Art) In Lexington, Kentucky, in the 1950s and '60s, Ralph Eugene Meatyard was an optometrist, a Little League coach, a PTA President, a practicing Zen Buddhist, and one of the leading photographers of his day. Friends with Thomas Merton and Wendell Berry, Meatyard tried through his photographs to express something fundamental about life. Today, we'll reflect on Gene Meatyard and our own efforts to perceive and reflect life.

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

UP FRONT



ORUUC
Weather/Closure
Policy

WEEKDAYS

IF OAK RIDGE SCHOOLS ARE CLOSED; THE OFFICE AT ORUUC WILL BE CLOSED

SUNDAY MORNINGS

FOR INCLEMENT WEATHER, A DECISION WHETHER OR NOT TO HAVE THE SERVICE WILL BE MADE BY **9:00 A.M.** PLEASE CHECK YOUR EMAIL AND/OR FACEBOOK FOR STATUS BEFORE COMING TO CHURCH

SATURDAY AND EVENING EVENTS

FOR INCLEMENT WEATHER, A GO/NO GO DECISION WILL BE MADE AT LEAST **ONE HOUR PRIOR** TO THE EVENT. PLEASE CHECK YOUR EMAIL AND/OR FACEBOOK FOR STATUS BEFORE COMING TO CHURCH

Faith Formation Update

Spirit Play (Ages 5-10) will return to **Virtual Only** throughout the month of **January** to ensure the safety of our leaders and to better serve children needing to be quarantined. **Create and Connect (Ages 5-12)** will remain In Person for our Elementary aged children. Middle School and High School will

remain hybrid with both virtual and in person options. The Faith Formation Staff thanks our families for remaining flexible with us as we continue to navigate the shifting pandemic landscape.

Christine Rehder (she/her/hers), Director of Faith Formation



Go BOWLING with ORUUC!

We're planning a bowling night on **Thursday, Jan. 13 at 6:30 p.m.** at the Oak Ridge Bowling Center (246 S Illinois Ave, Oak Ridge). Check out the ORUUC

Facebook group <https://www.facebook.com/groups/oruuc> for more information, or contact Steven Albright or Ashley Elizabeth.

ORUUC Volleyball

Join ORUUC on **Tuesdays** this winter at the Oak Ridge Civic Center for volleyball! All levels of experience are welcome—we're out to have fun and fellowship!

Interested in playing? Contact Shelaine Curd or

Christina Elliott, or check out the ORUUC Facebook group for

updates: <https://www.facebook.com/groups/oruuc> Want to cheer on the team?

Find out what time they're playing each week

here: [https://orrecrecreation.com/Community/League/Detail?](https://orrecrecreation.com/Community/League/Detail?leagueId=14575&divisionId=18246&mode=schedule)

[leagueId=14575&divisionId=18246&mode=schedule](https://orrecrecreation.com/Community/League/Detail?leagueId=14575&divisionId=18246&mode=schedule)



Walk in the MLK Parade with TVUUC

Tennessee Valley UU Church has invited ORUUC to walk with them in the MLK Parade on Monday, Jan. 17. The parade will begin at Midway (Chilhowee Park), 3300 E. Magnolia Avenue in Knoxville.

Step-off will begin at 10:00 a.m.

Please arrive by 9:15 a.m. The parade route is 2.3 miles and will run through MLK Blvd and end on Harriet Tubman Street. Following the parade, the

Memorial Tribute Service will take place at Overcoming Believers Church, 211 Harriet Tubman Street, Knoxville. Parking for the parade is available inside Chilhowee Park. Please RSVP using the Google form below if you plan to join, in order to receive updates: <https://forms.gle/QMMqZs7pt18XS7Ax6>

For more information, contact Roddy Biggs at (615) 784-9648 or rbiggs@uuma.org For more information about 2022 MLK Celebration events in Knoxville, check out <http://www.mlkknnoxville.com/2022-mlk-events/>



Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month
at 10:30 AM
with "Father Goose" Michael Raymond
September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.

Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium



Thank you for your donations to Blossom Center Mitten/Hats/Coats.



Yarrow Alexander

Nomadic Yoga Co-op

Sunday Morning yoga will be on hiatus until further notice, due to the cold weather and Covid restrictions for inside the building. Please continue your home practice and consider joining me on Monday evenings at Ascension Yoga for a Gentle Flow class. We hope to be able to gather again soon. Namaste. ~Jennifer



Line Dancing

There will be no Line Dancing this Sunday. Line Dancing will resume on Sunday, Jan. 9.

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community.

We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested.

For more information contact Jo Curran or Steven Albright



Tai Chi

M-W-F, 11-12 am

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure,

& reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimers, dropped cervix, bunions, & more.

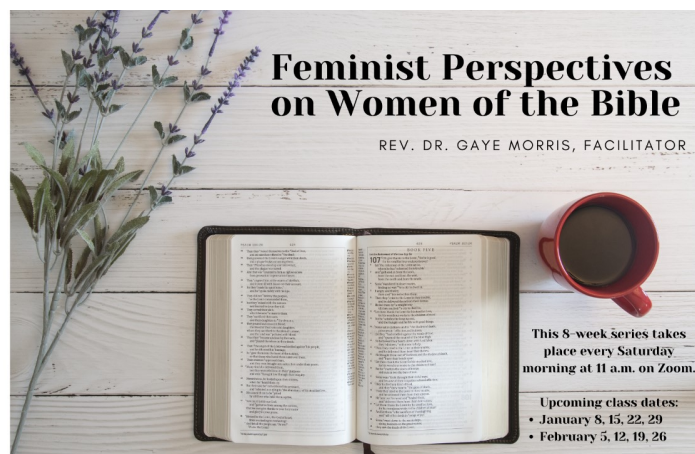
For more information call Janet Hoegler at 865-963-5115

ANNOUNCEMENTS

Too many 2022 calendars?



Thanks to everyone who donated surplus 2022 calendars to be given out to Stone Soup diners. There were several calendars leftover—if you need one, please pick one up in the church lobby.



Feminist Perspectives on Women of the Bible Series with the Rev. Dr. Gaye Morris Begins TOMORROW, Saturday, January 8, on Zoom! Don't miss out - Register Today! [Women of the Bible Class](#) Access the series schedule, recommended reading, and a shared space for contributing your written reflections on the women of the Bible

here: <http://www.oruuc.org/women-of-the-bible>.

Please email Rachel at communications@oruuc.org if you have difficulty registering or creating a Realm account.

Updated Covid Policies **PALS Framework**


The PALs level for this week is high, so masks required, no food or drink inside the building. See this [link](#) for more details

NEW VACCINE UPDATE

Adolescents & teens ages
12 to 18 years old who
received a COVID-19 vaccine
should get a booster.

They can get their booster at least 5 months after
completing their primary Pfizer-BioNTech series.

FIND OUT MORE AT [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)



328847-C

The PALs level for this week is HIGH. Masks are required in the building. No food or drink permitted inside the building. Please see the link (above) for details.

Split the Plate for January Ecumenical Storehouse



The Ecumenical Storehouse provides household items to those in the community who cannot afford them. They accept donations of furniture, appliances and household goods (linens, dishes, cookware), and distribute them, free of charge, to needy families in the local 3-county region. The Storehouse works with the United Way, ADFAC, and many other organizations to reach those in need. Clients are vetted by local social service agencies and churches. Special consideration is given to those families for whom a fire has left them in a desperate situation. Run by a cooperative of Oak Ridge churches including ORUUC, Ecumenical Storehouse has been in operation since 1984.

Ecumenical Storehouse embodies the social action that ORUUC champions. The church is a founding member of the Storehouse. The Storehouse runs a very lean operation and has an all-volunteer organization and very modest budget. Its service in recycling used furniture and household goods back into society is a very green operation. We strive to maintain the Storehouse in a manner that supports our seven principles and serves as good outreach to our broader community. With your help, we can continue our membership in this organization.

OUR ORUUC FAMILY

Caring for Each Other

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection
Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM office@oruuc.org

Caring Coordinators for January

Mary Thornburgh ttae1@comcast.net 567-9535

Jami Garner Jamigarner@me.com 250-5505

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

ORUUC LEADERSHIP

The ORUUC Board of Officers

President: Jim Nutaro
Past President: Val Herd
President-Elect: Michele Thornton
Secretary: Jason Fishel
Treasurer: Brandon White
Members-at-Large:
Shelaine Curd
Regina Guy
Nathaniel Bass
Ethan Coon

The ORUUC Executive Team

Rev. Jake Morrill
Christine Rehder
Christina Elliott
Debra Oscarson

Community/UU



Remote Area Medical (RAM), a major nonprofit provider of pop-up clinics delivering free dental, vision and medical care to those in need, **is looking for general support volunteers to help with its Knoxville clinic scheduled for February 11-13 at Chilhowee Park’s Jacob Building**, 3301 E Magnolia Avenue. General support volunteers also help set up/take down the clinics, register patients and ensure they

know where to go, help with traffic flow, help patients choose glasses frames, deliver food to patients and volunteers, and much more. RAM is also in need of interpreters. For more information, visit <https://www.ramusa.org/> or call (865) 579-1530.

ON THE CALENDAR THIS WEEK

Friday, January 7

11:00am Tai Chi Practice

Saturday, January 8

11:00am Women of the Bible
(Registered Participants Only)

2:00pm Tabletop Adventures Group

Sunday, January 9

8:15am Circles of Trust VII
10:00am Worship Service

Monday, January 10

11:00am Tai Chi Practice

6:50pm Meditation Learning and Practice Group

7:00pm Red Tent Temple

Tuesday, January 11

6:00pm Presidents Council

6:00pm (Canceled) Nomadic Yoga

6:00pm Depression & Anxiety Support Group

11:00am (Canceled)Yoga
 11:00am Family Group
 11:00am High School
 11:00am Reflections
 11:00am Together in Spirit
 11:15am Heritage Trip Meeting
 12:00pm Circle of Trust V
 12:30pm OWL 10-12 Grade
 12:30pm Buddhism Study Group
 1:30pm Book Club
 3:00pm Line Dancing
 3:00pm OWL (7-9 Grades)

Wednesday, January 12

6:30am Breakfast Rotary
 11:00am Tai Chi
 5:15pm Circles of Trust III
 6:00pm Circles of Trust VI
 6:45pm Choir Practice
 7:45pm Band Rehearsal

Thursday, January 13

12:00pm NWUUC & Launchpad Meeting
 2:00pm (Rental) Friends of Literacy
 5:00pm Potluck
 6:50pm Meditation Learning and Practice Group



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Our mailing address is:

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 Oak Ridge, TN 37830

oruuc.org | 865-483-6761 | office@oruuc.org

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