



The Exponent

March 4-10, 2022

WORSHIP

March Series Theme



Good Enough:
**Embracing the Imperfections
of Life and Faith**

*A Worship Series based on
the work of Kate Bowler
and Jessica Richie.*

March 6 - April 17, 2022

ORUUC

Bloom where you are planted!

Sunday, March 6, 10:00 AM “Ordinary Lives Can Be Holy” (or “Everything is Holy Now)”

Rev. Jake leading worship service

Instead of seeking high mountaintops, can we find the divine in plain, simple things. Today, we'll look at the history of religious people who sought the holy in simple things and find our own place in that line.

In-Service and Zoom. ZOOM door opens at 9:45 am. See link below.

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

Send Prayer Requests: prayers@oruuc.org or Text 865-224-6388

Faith Formation is in-person and zoom this week.

Faith Formation Links

Group Name	Target Group	Meeting Link or Join by Phone	Password
Reflections	All	Click here 682-663-607	678820
Spirit Play	Ages 5-11	Click here 992-2433-6010	678820
Middle School	Ages 12-14	Click here 944-508-2777	678820
High School	Ages 14-18	solarmanj@gmail.com to join Discord Group	

Here's the current Google doc with all of the Zoom

links: https://docs.google.com/spreadsheets/d/1-BU3OTreBVV-HAaabMzZ5O_UOr67zP4y4IG-ad-SGxE/edit#gid=0

UP FRONT

Endowment Fund Grant

APPLICATIONS FOR ENDOWMENT FUND GRANT DUE APRIL 7: The objective of the Oak Ridge Unitarian Universalist Church Endowment Fund is to provide objects of enduring value to the church or support activities that promote, provide, or enhance the church experience of the members of ORUUC, or ORUUC's reputation in the community. The Endowment Committee asks that requests for support not overlap normally existing church activities or operations. Proposals should be consistent with the goals and objectives of the church and positively affect the community.

The application deadline for the current year is April 7 at 5 p.m. Please submit this form to office@oruuc.org. Copies are also available in the church office. You can access the application online at the following link: [Endowment Fund Grant Application 2022](#)



Meals for Marge: We have plenty of soup for Marge in March, but we need folks to sign up for April and the following

months: https://docs.google.com/spreadsheets/d/1xxqAn_6eOCPsMZONSCnoMb-Tzo_z9jWe0eJaCgztM1Q/edit#gid=710810914

Thank you for signing up to make Marge's 100th celebration special!

april

notes:

Please sign up for a date or two by simply inputting your name and number on the date or dates.
Then on this date, deliverables soup or salad to Marge! Nothing spicy please!
Also, if you use a ziplock use one with a zipper lock please.

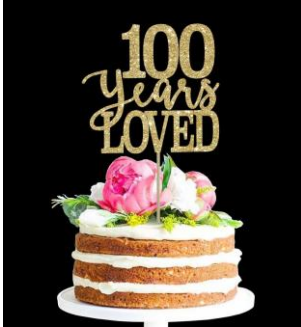
sun	mon	tue	wed	thu	fri	sat
27	28	29	30	31	1 Tandy Scheffler 865-310-0189	2
3	4	5	6	7	8	9
10	11	12	13 Jinx Watson	14	15	16
17	18	19	20	21	22	23
24	25	26	27 Jinx Watson	28	29	30
1	2	3	4	5	6	7

+ ☰ Mar ▾ Apr ▾ May ▾ Jun ▾ Jul ▾ Aug ▾ Sep ▾ Oct ▾ Nov ▾ Dec ▾ Instructions ▾

Team up with others to donate 100 items to a good cause in honor of Marge. Perhaps you want to donate 100 pencils to a local school. Or 100 pennies, or dimes, or quarters, or dollars to a favorite charity. Maybe it's 100 pieces of fruit for "Fresh Fruit for Kids" or 100 canned items for Second Harvest. Get creative, share ideas on Facebook, work together and give 100 of something to someone in honor of our Marge. If possible, bring your donations to Marge's party on March 12 for Marge and all to appreciate. Big thanks to all of you for your creativity and generosity!

NEXT Tuesday, March 8 Marge officially turns 100! That afternoon we will serenade her outside her home. Please meet at 5 p.m. at the church to carpool (there is limited parking in Marge's neighborhood). Do come! If you are

willing to walk - Cedar Hill Playground has plenty of parking and is 1/2 mile away. Or meet at church to carpool.



NEXT Saturday, March 12, drop by ORUUC between 2 and 4 to tell Marge in person how much she means to you. You can also meet her family, see some of her personal history on display, bring/see all of the 100s of things we are all donating in Marge's honor, enjoy some refreshments and each other, check out Marge's amazing scrapbook, and see the calendar of 100 Meals for Marge. We will celebrate outside and will have a warm welcoming spot for Marge to receive us all.

Join us for

Planting Days

**SUNDAYS IN MARCH:
MARCH 13 AND 20**

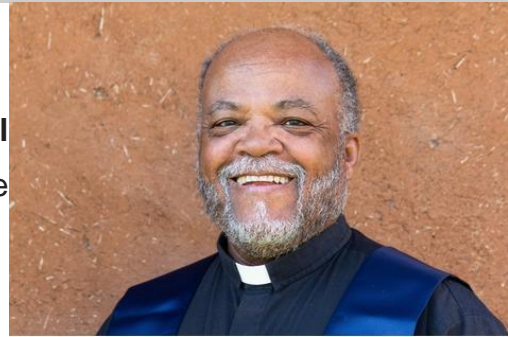


Sunday, March 13 and 20 during Faith Formation Hour following Morning Worship. Help with Groundskeeping tasks around the church and plant a pot to take home with you. Nursery care will be available.

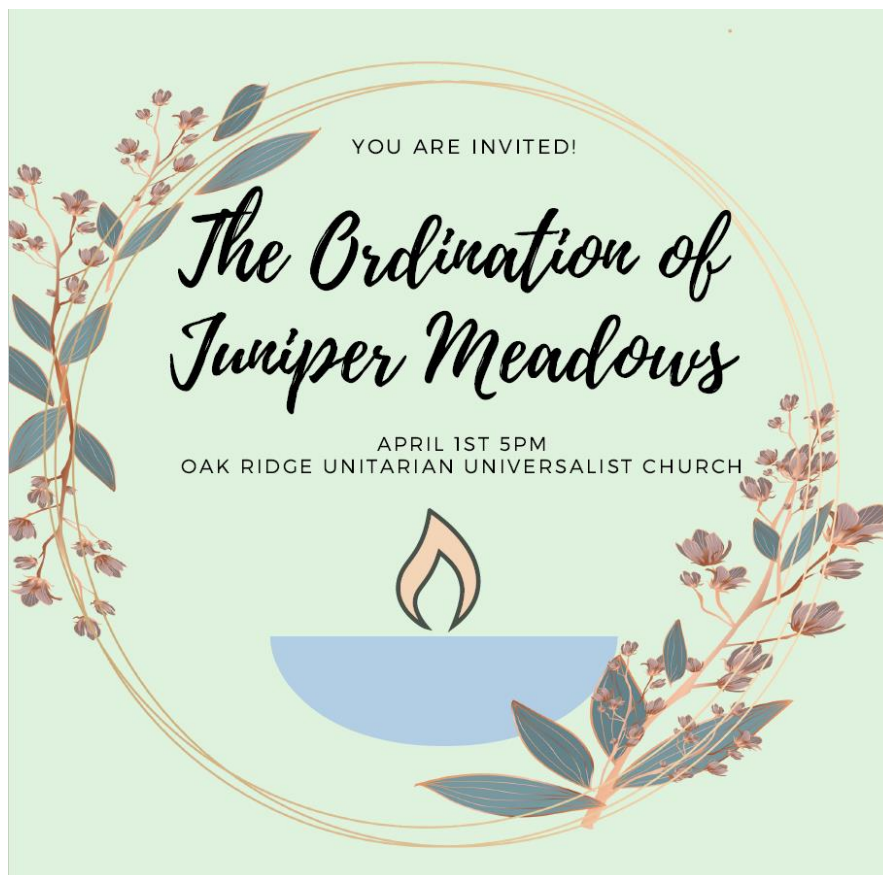
Save the Date

Former Ministerial Intern Clovice Lewis will be ordained March 26 at 2:00 PM PST at the Unitarian Universalist Community of Lake County, California, his home congregation for over 22 years. Please register

at <https://www.eventbrite.com/.../clovice-lewis-ordination...> if you wish to attend online. [Photo by Olivia Consterdine]



Save the Date



Letters for Juniper

Members and Friends of ORUUC, and all those who know and love Juniper, are invited to write letters of congratulations and encouragement to be included in a special keepsake guest book for Juniper to take with her as her journey continues to Omaha this summer. For those who may not be able to attend the Ordination Ceremony in person, this will be a wonderful way to share words of advice and support and wish Juniper well in her ministry.

Please send letters by mail to ORUUC, 809 Oak Ridge Turnpike, Oak Ridge, TN 37830 or by email to communications@oruuc.org with "Letters for Juniper" in the Subject line. **The deadline is March 25.**



More information coming soon!

ORUUC Volleyball



Thanks to all who played and cheered on the ORUUC Volleyball Team this season. Until next year!



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month
at 10:30 AM
with "Father Goose" Michael Raymond
September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.

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Nomadic Yoga Co-op

Sunday Morning yoga will be on hiatus until further notice, due to the cold weather and Covid restrictions for inside the building. Please continue your home practice and consider joining me on Monday evenings at Ascension Yoga for a Gentle Flow class. We hope to be able to gather again soon. Namaste. ~Jennifer Yarrow Alexander



Line Dancing

Sunday, 3:00pm

(Check with the group leader for cancelation due to weather)

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested. For more information contact Jo Curran or Steven Albright.



Tai Chi

M-W-F, 11-12 am

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce

knee, arm, shoulder & back pain. It has helped with MS, Alzheimer's, dropped cervix, bunions, & more. For more information, call Janet Hoegler at 865-963-5115

ANNOUNCEMENTS

COVID-19 Update

Ours Pandemic Action Levels (PALs) risk remains HIGH. Masks are required in the building. Coffee Hour will be held outside under the portico.

Worship and Faith Formation hour classes will be in-person and online. If you're unsure what this means for you, check with your group leader.

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#). See this [link](#) for ORUUC's PALs reports and resources.

Know Your COVID-19 Community Level

Covid-19 Community Levels are a new tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. [COVID-19 by County | CDC](#)

What Prevention Steps Should You Take Based on Your COVID-19 Community Level?

Low	Medium	High
<ul style="list-style-type: none">• Stay up to date with COVID-19 vaccines• Get tested if you have symptoms	<ul style="list-style-type: none">• If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions• Stay up to date with COVID-19 vaccines• Get tested if you have symptoms	<ul style="list-style-type: none">• Wear a mask indoors in public• Stay up to date with COVID-19 vaccines• Get tested if you have symptoms• Additional precautions may be needed for people at high risk for severe illness

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.



Get Free At-Home COVID-19 Tests

Every home in the U.S. is eligible to receive **four free at-home COVID-19 tests**. Orders usually ship in 7-12 days.

Order tests now so you have them when you need

them: <https://www.covidtests.gov/>

Note: At-home COVID-19 rapid test kits contain a small amount of sodium azide.

To prevent accidental poisonings, poison control centers recommend the following tips:

- Store the kit “up and away,” out of the sight and reach of children and pets.
- Leave the kit sealed until needed and throw it away immediately after use.
- Make sure to read and follow the instructions on the package before using.

<https://blog.cincinnatichildrens.org/84/covid-19-home-test-kit-dangers-what-parents-need-to-know>

MARCH Split the Plate

Free Medical Clinic



The Free Medical Clinic is a non-profit primarily volunteer staffed organization offering free medical services to those who live in Anderson, Roane, and Morgan Counties. It serves people who do not have insurance and cannot afford to pay for medical services due to their income level. Because they are a primarily volunteer organization they rely on donations from individuals, churches, groups, etc.

This clinic provides medical care to those who have no other resources. It can literally mean the difference between life and death for some people (such as undiagnosed cancer). We all deserve adequate health care and to be treated with worth and dignity (our first principle). Our support for the Free Medical Clinic helps us live our principles while providing support to the disadvantaged.

ORUUC Art Gallery

ROBERT SIMON

Installation Date: March 1, 2022

Exhibit runs through March



Robert Simon was born in 1949 in East St. Louis, Illinois. He spent most of his early life in small railroad towns in southern Illinois and West Tennessee. He began teaching in 1972 and spent 40 years teaching US History, Government, and Sociology, in Oak Ridge, Tennessee, where he still resides in retirement. Simon began drawing about age 12, penciling and shading boxes, triangles, and circles in the margins of his school books and notebook paper. He has never taken an art class and, until his early fifties when he sold his first piece, he never considered himself an artist. He hid his work from outside eyes and it remained “his secret” for years, stacking up in closets and under beds, becoming his own private gallery. Overtime, his drawings became significantly more complex, the shading gave way to brilliant, vivid colors, the shapes and figures became ever more diverse and multifaceted. Today, with each drawing, a new expression of his changing inner consciousness emerges.

FROM THE ARTIST ~ Drawing is and has been an incredible escape for me throughout most of my life. People often ask me how I can do this. To me, it makes more sense to ask how can I not do it. Drawing puts a sense of balance and order into my world.

People frequently ask me what certain drawings mean. I believe that art evokes thoughts and feelings that are the viewer’s own. To dictate what should be interpreted interferes with what the viewer may need most out of the experience. Each person is free to input whatever meaning they wish on my work. There is much about my work that at first seems chaotic and confusing, but, if one looks closely, continually repeating patterns form a larger entity. I see my art as visual jazz of limitless patterns and infinite combinations with no set conventions to follow.

EXHIBITIONS ~ Simon has exhibited around the country over the last 20 years, both in traditional galleries and online. His work has been chosen for the 22nd and 23rd Arts in the Airport exhibitions at McGee Tyson Airport in Knoxville; the

current exhibition is underway. The Oak Ridge Art Center regularly selects Simon's art work for their annual Open Show. The 2020 show netted Simon the Dot Hightower Award for Excellence in Any Media Depicting a Strong Sense of the Individual. Simon has exhibited at the New York Outsider Art Fair and the Chicago Outsider Art Fair through his connection with Henry Boxer, founding director of Raw Vision magazine and Gallery Director at Henry Box Gallery of London, England, the leading gallery of its kind in the UK. Simon has also exhibited at the Webb Gallery in Waxahachie, Texas; the Home Gallery, curated by Michael Smith in Greensboro, North Carolina; the former TAG Gallery in Nashville, Tennessee; Caladan Gallery, a Massachusetts-based online gallery; Folk Fest, Atlanta, Georgia; Arts in the Garden at Skyland Trails Residential Treatment Center in Atlanta; Java House, Knoxville; the Children's Museum of Oak Ridge; and in the second place cover spot in the 14th Edition of Encyclopedia of Living Artists, May 2005 issue.

FROM ART CRITICS & JOURNALISTS ~ Simon was described as an amazing outsider talent by the Director of the former Tag Gallery. "His outlet is creating beautiful, abstract pieces filled with brilliant colors and themes that constantly change no matter how long one looks at them," Jerry Dale, curator for Tag Gallery, wrote of Simon. "His drawings are mirrors of his soul, expressing streams of thoughts that he cannot articulate to others or even to himself. Refreshingly original and raw, each piece is unique with his imprint on it."

The Encyclopedia of Living Artists described his work as "manifesting from a purity that invites the ceaseless flow of form and symbol from his inner self. He is a vehicle for the collective unconscious, mirroring the heartbeat of the mind and introducing the viewer to their own set of memories."

Marjorie Kaye, Director of the former Caladan Gallery and Gallery 181, said that Simon's images are loaded with love and humor, observation and declaration. "He is an artist shooting from the hip, with no restraints on the material

manifestation of his imagination! His work exudes a freedom and natural exuberance rarely seen - probably because he does not impose any conventions on himself. One could find one's reflection in his work for hours, days, and even an eternity! We also must mention his use of color, texture, and form as being highly bindless in nature. This is a gift to us.”

Simon has spoken about healing through art and art itself to groups of children and adults in Vermont, Georgia, and Tennessee.

<https://mindmuses.com/>

<https://www.facebook.com/mindmuses>

OUR ORUUC FAMILY

Caring for Each Other

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM office@oruuc.org

Caring Coordinators for March

Christina Elliott christina.r.elliott@gmail.com 214-0756

Jill Adler TEXT/PHONE 704-989-2252 Jill.adler.62@gmail.com

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide

transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for situations that address serious needs that cannot wait.

ORUUC LEADERSHIP

The ORUUC Board of Officers

President: Jim Nutaro
Past President: Val Herd
President-Elect: Michele Thornton
Secretary: Jason Fishel
Treasurer: Brandon White
Members-at-Large:
Shelaine Curd
Regina Guy
Nathaniel Bass
Ethan Coon

The ORUUC Executive Team

Rev. Jake Morrill
Christine Rehder
Christina Elliott
Debra Oscarson

Community/UU

The Journey

presented by Oak Ridge Civic Music Association

Friday, March 4, 7– 9 p.m.

Oak Ridge Unitarian Universalist Church

The journey is different for each of us as humans, but there are common themes. Hear the Oak Ridge Chorus sing about our journeys as humans in this uplifting concert.

Individual tickets for Youths and Adults are available at the door, by phone at (865) 483-5569, or at <https://orcma.org/thejourney> Adult \$15 and Young Adult (ages 19-29) \$5. Free for youths 18 and under.

Masks, social distancing, and adherence to other guidelines may be required. Venues, programs and artists subject to change or cancellation depending on health guidelines.



ATTENTION: ALL MIDDLE AND HIGH SCHOOL AGE STUDENTS IN OAK RIDGE: CONTEST DEADLINE: MARCH 11

NAACP Black History Trivia Contest Update: The Education Committee of the Oak Ridge–Anderson County NAACP Branch is sponsoring a Black History Month Trivia Contest for all Oak Ridge middle and high school age students. Entries will be judged on

accuracy, amount of research and content included, as well as strong writing and analysis skills, including the spelling and grammar mechanics of the entry. In the event of a tie, the student with all correct answers who submits the earliest response will be the winner.

Submit entries by March 11 to Rose Weaver at rs_wvr@yahoo.com. Any questions about the Trivia Contest should be directed to Ms. Weaver via email address or text (865) 924-2987.

Trivia winners will be awarded the following: First-place winner, \$50; second-place winner, \$25; and the third-place winner, \$15. The first-place winner will be required to present his or her four sentences about an “Unsung Scarboro-85 Oak Ridge TN Hero” at the March 22 NAACP monthly general membership meeting. This may be a Zoom meeting, contingent upon the status of the pandemic.

Resources for answering questions:

Scarboro Community Center Memorabilia Wall, 148 Carver Avenue. Contact Barbara Spratling. Hours of Operation are from 9 a.m. to 7 p.m., Monday through Saturday.

Oak Ridge History Museum, Oak Ridge Turnpike. Contact Emily Nunn. Hours of Operation are 10 a.m. to 2 p.m., Thursday through Saturday.

Oak Ridge Public Library, Oak Ridge Turnpike. Contact Mike Stallo. Hours of Operation are 10 a.m. to 7 p.m., Monday through Saturday.

Trivia Questions

1. Picture and location of Scarboro Elementary/Jr/High School. (Hint- Scarboro Community Center.)
2. List of three (3) names in the last Scarboro High School graduating class. (Hint- Scarboro Community Center).
3. What is the name of the principal of Scarboro School? List three things about her.
4. List three teachers at the Scarboro School.
5. Include a picture of the first Black teacher in the state of Tennessee to teach at an integrated school. List what important building was named after him in Knoxville, Tennessee. (Provide reference). (Hint: Oak Ridge Public Library.)
6. Locate where the Colored Community was located in the 1940s. (Hint Oak Ridge History Museum).

7. Provide the month, date, and year the schools in Oak Ridge were desegregated. (Provide the reference).
 8. What is the historical reference to the names of the streets in the Scarboro Community? Take a selfie showing one of the streets.
 9. List five (5) of the Scarboro-Oak Ridge TN 85 students. Cite your reference. (Hint Scarboro Community Center.)
 10. What biennial reunion is held in the Scarboro Community to recognize significant contributions made by Scarboro Residents? When was the last one held? (Hint-Articles in The Oak Ridger Newspaper, talk with John Spratling).
 11. What are the names of the first Black basketball players? What Oak Ridge schools did they attend? (Provide reference)
 12. Who was the first Black to be inducted to the Oak Ridge High National Honor Society? What was his profession after graduation? (Hint: Oak Ridge Public Library, The Oak Ridger newspaper article)
 13. Where did L.C. Gipson, one of the Scarboro-Oak Ridge TN students, work after graduation? What was his title? (Hint-Oak Ridge Public Library).
 14. Name the Scarboro-Oak Ridge TN 85 student who received civil rights training during the '50s and is currently a nurse. (Hint-Oak Ridge Public Library)
 15. Locate and copy, including a picture of one of the still living Scarboro-Oak Ridge, TN 85 students. In four (4) sentences, write why this person should be honored. (Hint: Photos in The Oak Ridger newspaper, Scarboro Community Center or Google).
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Oak Ridge Civic Music Association

**Harlem Quartet performs as part of the (ORCMA) Chamber Music Series
Saturday, March 19, 7:00 – 9:30 pm, Oak Ridge Unitarian Universalist
Church**

Chamber Music Series

Harlem Quartet

Saturday, March 19, 2022 at 7:30 PM

Come at 7:00 for the Pre-concert Talk

Oak Ridge Unitarian Universalist Church



The Grammy-award winning Harlem Quartet advances diversity in classical music while engaging new audiences with varied repertoire that includes works by minority composers. Members of the string quartet are Cuban violinist Ilmar Gavilan, American violinist Melissa White, Puerto Rican violist Jaime Amador, and American cellist Felix Umansky. The ensemble will present a Pre-concert Talk at 7:00 pm.

Individual tickets for Youths and Adults are available at the door, by phone at (865) 483-5569, or at <https://www.orcma.org/harlemquartet>

Ticket prices are Adult \$25 and Young Adult (ages 19-29) \$10. The concert is part of our Penny4Arts programming offering FREE attendance for youths 18 and under.

Masks, social distancing, and adherence to other guidelines may be required. Venues, programs, and artists subject to change or cancellation depending on health guidelines.

ON THE CALENDAR THIS WEEK

Friday, March 4

3:30pm Intermediate Mountain CON (Grades 6-8)
11:00am Tai Chi Practice
12:00pm Scrapbookers
5:00pm (Rental) ORCMA -Oak Ridge Chorus

Saturday, March 5

Intermediate Mountain CON (Grades 6-8)

Sunday, March 6

4:30pm Intermediate Mountain CON (Grades 6-8)
10:00am Worship Service
11:00am E. Coast Heritage Trip Youth Meeting
11:00am (Canceled)Yoga
11:00am Family Group
11:00am High School
11:00am Reflections
11:00am Together in Spirit
11:15am Circle IX
11:15am Circle of Trust I
12:30pm OWL 4-6 Grade
12:30pm OWL (7-9 Grades)
12:30pm OWL 10-12 Grade
12:30pm Buddhism Study Group
1:30pm Book Club
3:00pm Line Dancing
3:00pm Mira Kimmelman Holocaust Education Study Group (Registered participants only)
4:00pm Circle of Trust XI
5:30pm Circle of Trust X

Monday, March 7

11:00am Tai Chi Practice
6:50pm Meditation Learning and Practice Group

Tuesday, March 8

5:00pm Marge Swenson's 100th Birthday Serenade
6:00pm Presidents Council
6:00pm (Canceled) Nomadic Yoga
6:00pm Depression & Anxiety Support Group

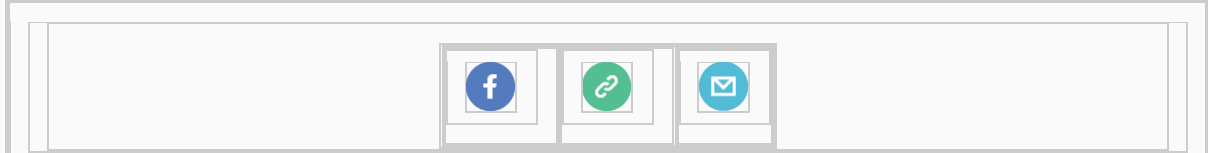
Wednesday, March 9

6:30am Breakfast Rotary
11:00am Tai Chi
5:15pm Circles of Trust III
6:00pm Circles of Trust VI
6:45pm Choir Practice
7:45pm Band Rehearsal

Thursday, March 10

12:00pm NWUUC & Launchpad Meeting
2:00pm (Rental) Friends of Literacy
5:00pm Potluck
6:50pm Meditation Learning and Practice Group

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Our mailing address is:

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Oak Ridge, TN 37830

oruuc.org | 865-483-6761 | office@oruuc.org

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