



# The Exponent

May 20-26, 2022

WORSHIP



**Sunday, May 22, 10:00 AM "Bridging"**

**Youth and Family, leading worship service**

This Sunday, join us in person or on Zoom for morning worship. We'll be celebrating Bridging with two of our youth and their families and recognizing our Youth Faith Formation program volunteers as another school year draws to a close.

In-person worship begins at 10 a.m. in the sanctuary. The service will also be streamed live on Zoom for those who wish to participate from home or wherever you may be. To participate in worship on Zoom, please register here [https://zoom.us/.../tJAf-CvrT4iHtlsgktTYAWotY75rmxi5V78](https://zoom.us/j/9123456789)

If you've already registered (a one-time process), use the link you've received via email to attend worship.

**Please note: There will be no Faith Formation classes this Sunday. Instead, all are invited to our May Day Picnic following worship--we'll have meat and veggie options, chips, and drinks—please bring a side dish or dessert to share! All are welcome!**

Following the picnic, members of the Covid-19 Task Force will hold an open forum in the Sanctuary for those who wish to provide input regarding Covid-19 policies as the Task Force looks to revise the Pandemic Action Levels (PALs) framework the church has been operating under since last fall.

We look forward to seeing you on Sunday!

**In-Service and Zoom. ZOOM door opens at 9:45 am. See link below.**

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

**Send Prayer Requests: [prayers@oruuc.org](mailto:prayers@oruuc.org) or Text 865-224-6388**

## UP FRONT

### ***Attention: East Coast Heritage Trip Participants and Parents***

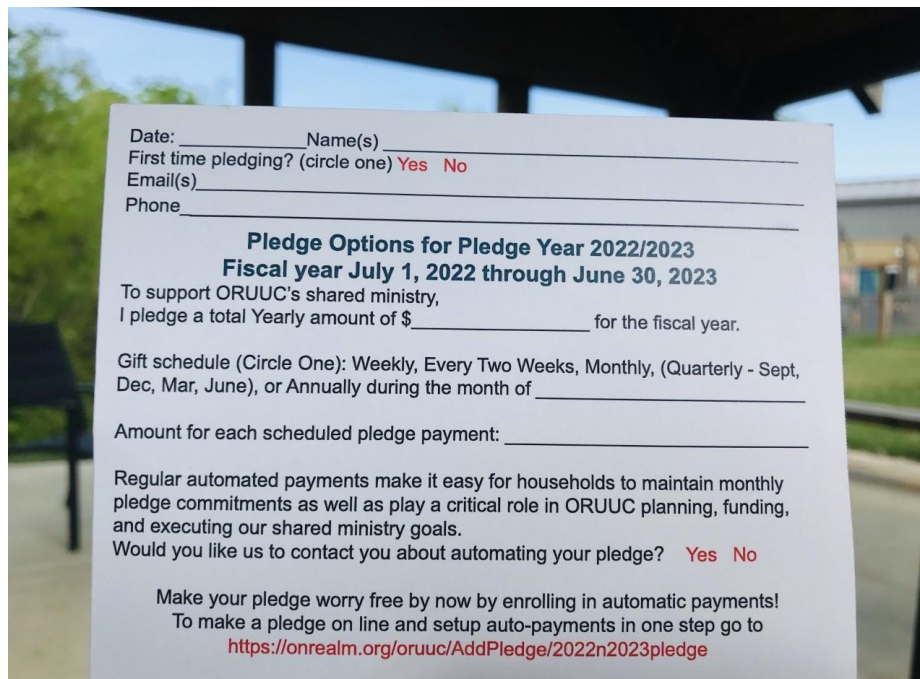


As we move closer to the trip departure date, we still need to continue to fundraise to pay for this extraordinary trip. We have a fundraising opportunity for **this Saturday, May 21 from 9 AM to around noon**. A church member's brother is looking for help with a move in town. Volunteers should arrive **at 101 Concord this Saturday by 9 AM** to load the trucks and to move boxes from the basement to the first floor. Then, help will be needed to unload at **20 Outer Drive** and move boxes into a walk-out basement. There are just boxes, no furniture, and many hands make light work, so the more people we have, the faster it will go. Pizza will be served for all the helpers who stick around for completion. Youth can RSVP on the Discord Trip Chat.

Thanks,  
Christine Rehder, Director of Youth Faith Formation

### ***It's Pledge Time!***





Planning is underway for a new budget year, and we need your help! If you haven't done so already, there are several ways to make your pledge for the 2022-23 Fiscal Year, which begins July 1: Several of you have asked for traditional pledge cards, which are now available in the church lobby. If you'd like one mailed to you, or know someone who might, please call the church office at 865-483-6761 or email [office@oruuc.org](mailto:office@oruuc.org). And as always, you're welcome to set up your pledge online—<http://www.oruuc.org/pledge>. Online pledgers still need to go into Realm each spring to make a new pledge for the new fiscal year—even if your pledge amount remains the same. Questions? Give Jeannie a call! Thank you!

### ***Bridging and Leader Appreciation***

Please join us this **Sunday, May 22** for Bridging and Faith Formation Leader Appreciation during Worship. Following Worship, we will have our annual May Day Picnic to celebrate our Seniors and the end of the Youth Faith Formation year. Please bring a side dish or a dessert for 10-12 people, and a blanket or lawn chair if you would like to eat outside. In case of rain, we will move the festivities into the Social Hall.

Following the picnic will be the final sessions for our OWL classes. Parents of OWL Youth, please check your weekly group emails for details about Closing Sessions.

Starting Memorial Day Weekend, we will not have second hour Youth Faith Formation (11:15-12:15). We will still have Nursery available during Worship, and we will take the children out of service for Children's Time (with popsicles). Youth Faith Formation will resume Sunday, July 31.

Our Youth Faith Formation Team is honored to serve in this abundant community. Thank you all for your support, mentorship, and faith in our young people.

Christine Rehder (she/her/hers)

Director of Faith Formation

Oak Ridge Unitarian Universalist Church

### ***ORUUC Endowment Fund***

Have you wondered what the ORUUC Endowment Fund is, what it does, how it serves ORUUC and the wider community, how it operates, how you can contribute? Come to a short presentation where these questions and many more will be answered **next Sunday, May 29** in the Social Hall after the Service. A light lunch will be served following the presentation.



## ***Rainbow Camp Registration is now open!***

**Rainbow Camp is back this summer! ORUUC will host "Making the Rainbow Connection," in partnership with the Blossom Center for Childhood Excellence, Tuesday, June 28 through Friday, July 1, from 9 a.m. to 3 p.m. daily.** Rising kindergartners through high schoolers can participate—as Campers, Counselors in Training, and Camp Counselors. The cost is \$75 per camper; the registration fee will be collected on the first day of camp. Rising 7th and 8th graders, or high schoolers who have not served as a Counselor in Training (CIT) during a past Rainbow Camp, are invited to be CITs; the camp fee for CITs is \$50. Camp Counselors are high school age youth who will receive payment for working that week. Camp Counselors and CITs will be expected to attend camp setup and training on Monday, June 27 from 9 a.m. to 3 p.m. All camp participants will need to bring a sack lunch daily. For more information and to register your youth, follow this link: <https://docs.google.com/forms/d/1-X4vyUz7tPAd2LDUJXzQAw9jjECwY-7IPkE9kLT6ISU/edit> We hope to see you this summer!

### **SMALL TOYS NEEDED FOR BINGO PRIZES AT RAINBOW CAMP!**



**PLEASE DONATE  
BY DROPPING OFF  
TOYS IN THE BOX  
IN THE CHURCH  
LOBBY. THANKS!**





**Date & Time**

Saturday, June 18, 2022

6:30 p.m. Program in the sanctuary honoring Jake and Tandy

7:30-10:30(ish) - The Good Goodbye Party in the Social Hall & Outdoors

**Tandy and Jake's Good Goodbye Program and Party will be held Saturday, June 18 beginning at 6:30 p.m.**

Please donate to the Good Goodbye Event Fund to offset costs. Here's how: Write a check with "Good Goodbye Event" in the memo line, text "ORUUC" to 73256, or go to <https://onrealm.org/oruuc/-/form/give/default>. Select "Good Goodbye Event" from the dropdown menu. **Questions? Please reach out to us directly at [goodbye.oruuc@gmail.com](mailto:goodbye.oruuc@gmail.com).** Thank you! Good Goodbye Event Planners: Christy White, Charlene Luther, Liz McGeachy, Maureen Hoyt, Beth Meyer, and Gina Grubb

## ***ORUUC Softball Schedule***



Photo courtesy of Sarah Gunter

Come out to cheer on the ORUUC Softball Team playing on Tuesdays this Spring at Carl Yearwood Park on Bus Terminal Road! The team plays as part of the City of Oak Ridge's Recreation and Parks Department Spring Co-Ed Softball League.

Tuesday, May 24, 9:00 PM

Hamby's Hitters - vs – ORUUC

Tuesday, May 31, 6:00 PM

ORUUC - vs - Master Batters

Tuesday, June 7, 7:00 PM

Hamby's Hitters - vs – ORUUC

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Mother Goose



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month  
at 10:30 AM  
with "Father Goose" Michael Raymond**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

*Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.*

**Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium**

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### ***Line Dancing***

**Sunday, 3:00 pm**

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested. For more information, contact Jo Curran or Steven Albright.



### ***Tai Chi***

**M-W-F, 11-12 am**

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimer's, dropped cervix, bunions, & more. For more information, call Janet Hoegler at 865-963-5115.

## **ANNOUNCEMENTS**

### ***The Nominating Committee Needs YOU!***

If anyone is interested in serving on the Board or Nominating Committee, please contact Hope McAtee at [hopemcatee@gmail.com](mailto:hopemcatee@gmail.com) or via phone 309-306-2138. Thank you!

## ***COVID-19 Update***



### **Open Forum Sunday, May 22 In the Sanctuary following the May Day Picnic**

Share your input with the Covid-19 Task Force as it considers updating its PALs Framework for the future.



Our Pandemic Action Levels (PALs) risk is now MODERATE: Masks are no longer required in the building; those who are more comfortable wearing one are welcome to do so. Coffee Hour will be held in the Social Hall. We respectfully ask that if you have symptoms, a positive test, or exposure to someone with COVID-19, please stay home and join us on Zoom.

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#). See this [link](#) for ORUUC's PALs reports and resources.

### ***Know Your COVID-19 Community Level***

Covid-19 Community Levels are a new tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. [COVID-19 by County | CDC](#)

## What Prevention Steps Should You Take Based on Your COVID-19 Community Level?

Low	Medium	High
<ul style="list-style-type: none"><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>If you are <a href="#">at high risk for severe illness</a>, talk to your healthcare provider about whether you need to wear a mask and take other precautions</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>Wear a <a href="#">mask</a> indoors in public</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li><li>Additional precautions may be needed for people <a href="#">at high risk for severe illness</a></li></ul>

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.



### **Get Free At-Home COVID-19 Tests**

Every home in the U.S. is eligible to receive **four free at-home COVID-19 tests**. Orders usually ship in 7-12 days. Order tests now so you have them when you need them: <https://www.covidtests.gov/>

**Note:** At-home COVID-19 rapid test kits contain a small amount of sodium azide. To prevent accidental poisonings, poison control centers recommend the following tips:

- Store the kit “up and away,” out of the sight and reach of children and pets.
- Leave the kit sealed until needed and throw it away immediately after use.
- Make sure to read and follow the instructions on the package before using.

<https://blog.cincinnatichildrens.org/84/covid-19-home-test-kit-dangers-what-parents-need-to-know>

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**SPLIT THE PLATE OFFERING FOR MAY**



Give @ [ORUUC.org/online-giving](https://www.oruuc.org/online-giving)  
or Text 'ORUUC' to 73256



Habitat for Humanity is an ecumenical nonprofit that builds, rehabs, and repairs homes for income eligible families. They do business in accordance with the Federal Fair Housing Law. We encourage and support an affirmative advertising and marketing program in which there are no barriers to obtaining housing because of race, color, religion, sex, handicap, familial status or national origin.

Helping homeless families find decent, safe and affordable housing has been a focus of concern for ORUUC for many years. Habitat has shown to be making a difference with the celebration of their 100th build. Let's continue to support the good works of this viable social service group!

Give [HERE](#)

**OUR ORUUC FAMILY**

# Caring for Each Other

Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery?

Contact Rev. Tandy Scheffler, Minister of Care & Connection, or the church office: (865) 483-6761 or [office@oruuc.org](mailto:office@oruuc.org) or a Caring Coordinator!

## Caring Coordinators for May

Rachel Smith-Jones [smithnjones3@comcast.net](mailto:smithnjones3@comcast.net)

603-252-2295

Irene Robbins [Robbinsif1@comcast.net](mailto:Robbinsif1@comcast.net) 865-207-0743



If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM [office@oruuc.org](mailto:office@oruuc.org)

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

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**Elizabeth Brown Peelle**, age 89, died peacefully in her home on April 6, 2022, due to complications of dementia.

**MEMORIAL SERVICE**

**May 28, 2022 at 10:30 AM**

**Oak Ridge Unitarian Universalist Church,  
809 Oak Ridge Turnpike Oak Ridge, TN 37830**

**The family invites attendees to wear purple, her favorite color. A reception will follow.**

**For those who wish to attend the Elizabeth Peelle Memorial on Zoom, please use this link:**

<https://us06web.zoom.us/j/86347380651?pwd=dzICMk5SRnVEYjllYWcrMzduVWxLQT09>

Online condolences may be left at [weatherfordmortuary.com](http://weatherfordmortuary.com).

**ORUUC LEADERSHIP**

**The ORUUC Board of Officers**

President: Jim Nutaro  
Past President: Val Herd  
President-Elect: Michele Thornton  
Secretary: Jason Fishel  
Treasurer: Brandon White  
Members-at-Large:  
Shelaine Curd  
Regina Guy  
Nathaniel Bass  
Ethan Coon

**The ORUUC Executive Team**

Rev. Jake Morrill  
Christine Rehder  
Christina Elliott  
Debra Oscarson

BABY RAZZLEBERRY'S ICE CREAM

*Grand Opening*

**Saturday**  
**May 21**  
**10am - 3pm**

All proceeds of sales  
to benefit  
Anderson County kids

**CASA**  
Court Appointed Special Advocates  
**FOR CHILDREN**  
CASA OF THE TENNESSEE  
HEARTLAND



OAK RIDGE  
PUBLIC LIBRARY  
PRESENTS  
CHILDREN'S SUMMER  
READING PROGRAM

2022

**OCEANS OF  
POSSIBILITIES**

**JOIN US  
FOR SPECIAL EVENTS  
MON & TUE AT 10:30 AM**

\*Caregivers: Be sure to sign-up for the Adult Summer Reading Program

**Step 1**  
Sign-up between May 23rd  
through June 25th.

**Step 2**  
Record all the books you  
read in your designated  
Reading Log.

**Step 3**  
Return your Reading Log  
no later than July 11th  
to receive a prize pack  
and ticket to the End of  
Program Party!

***New Initiative at the United Way of Anderson County: Volunteers  
Needed!***



The United Way of Anderson County is working on a pilot program to mentor those in need of financial assistance. We will give them the tools they need to be independent and self-

sufficient. But we need your help to get this program rolling! It will take a lot of help from our community, churches, and businesses to work closely with the clients that call United Way for help. The program will be a great way to bring those in financial crisis and community helpers together.

We're looking for volunteers who are

- compassionate, non-judgmental, and able to maintain confidentiality
- good at financial management/understand budgeting
- good problem solvers and are open minded
- able to understand and respect program boundaries
- willing to offer 4 to 8 hours per month of their time

**The United Way of Anderson County is hosting a class for interested volunteers on Friday, July 8 from 10 a.m. to 4 p.m. Lunch will be provided. We will meet at First Presbyterian Church of Oak Ridge in Room 102. Please call Debbie Jordan, Community Initiatives Coordinator at the United Way of Anderson County, at 865-483-8431 if you will be attending or you would like more information on how you can help. Together, we can make a difference in the lives of so many people in our community! Thank you!**

***Reminder: The deadline to submit news for the weekly Exponent is WEDNESDAY at NOON.*** Please send news to Rachel at [communications@oruuc.org](mailto:communications@oruuc.org) **AND** Debby Crider at [newsletters@launchpad.faith](mailto:newsletters@launchpad.faith)

**Our mailing address is:**

809 Oak Ridge Turnpike  
Oak Ridge, TN 37830

[oruuc.org](http://oruuc.org) | 865-483-6761 | [office@oruuc.org](mailto:office@oruuc.org)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)



## ON THE CALENDAR THIS WEEK

### **Friday, May 20**

11:00am Tai Chi Practice

### **Saturday, May 21**

3:00pm Ukulele

### **Sunday, May 22**

8:15am Circles of Trust VII

10:00am Bridging/RE Leadership Recognition  
During Morning Worship

10:00am Worship Service

11:00am High School (Canceled)

11:00am MAY DAY CELEBRATION

11:00am Reflections (Canceled)

11:00am Together in Spirit (Canceled)

11:15am Circle of Trust II (Canceled)

11:15am Circle of Trust IV (Canceled)

11:15am Newcomers

12:00pm Circle of Trust V

12:30pm OWL Grades 7-9

12:30pm High School OWL

12:30pm Buddhism Study Group

1:00pm Circle of Trust VI

2:00pm (3-5pm) Line Dancing

2:00pm OWL

2:30pm High School OWL

### **Monday, May 23**

11:00am Tai Chi Practice

6:50pm Meditation Learning and Practice  
Group

7:15pm Monthly Leadership Training  
(Celebrating What Matters)

### **Tuesday, May 24**

2:00pm (Rental) Friends of Literacy

6:00pm Depression & Anxiety Support Group

### **Wednesday, May 25**

6:30am Breakfast Rotary

11:00am Tai Chi

5:30pm Circles of Trust III

6:45pm Choir Practice

7:45pm Band Rehearsal

### **Thursday, May 26**

12:00pm NWUUC & Launchpad Meeting

5:45pm Potluck

6:50pm Meditation Learning and Practice  
Group