



# The Exponent

**February 18-24, 2022**

**WORSHIP**

***February Series "Instructions for Evolution"***

**Sunday, February 20, 10:00 AM "Staying Unstuck"**

**Rev. Jake leading worship**

Staying Unstuck: When we've gotten where we meant to get, what does it take to hold onto it? If nothing else, this is the Sunday you'll learn or remember the word "allostasis."

**In Person and on Zoom. ZOOM door opens at 9:45 am. See link below.**

Order of Service [here](#) Go to [ORUUC](#) for Zoom information.

**Faith Formation is hybrid this week—some groups meet in person, some on Zoom, some with both options. Check with your group leader if you have questions.**

## Faith Formation Links

Group Name	Target Group	Meeting Link or Join by Phone	Password
Reflections	All	<a href="#">Click here</a> 682-663-607	678820
Spirit Play	Ages 5-11	<a href="#">Click here</a> 992-2433-6010	678820
Middle School	Ages 12-14	<a href="#">Click here</a> 944-508-2777	678820
High School	Ages 14-18	<a href="mailto:solarmanj@gmail.com">solarmanj@gmail.com</a> to join Discord Group	

Here's the current Google doc with all of the Zoom

links: [https://docs.google.com/spreadsheets/d/1-BU3OTreBVV-HAaabMzZ5O\\_UOr67zP4y4IG-ad-SGxE/edit#gid=0](https://docs.google.com/spreadsheets/d/1-BU3OTreBVV-HAaabMzZ5O_UOr67zP4y4IG-ad-SGxE/edit#gid=0)

**UP FRONT**



TOMORROW, Saturday, Feb. 19, volunteer with ORUUC at the Ecumenical Storehouse (134 E. Division Road, Oak Ridge) helping with furniture donation pickups. 9 am to 12 noon.

Just show up, ready to help! ORUUC provides volunteer support at the Ecumenical Storehouse one Saturday a month. Can't make it tomorrow, but want to learn more about volunteering? Contact Martin Bauer. Since 1984, members of ORUUC, along with volunteers from other Oak Ridge churches, have collected and distributed household goods to thousands of area families in need during emergency situations, including those impacted by fires, flooding, and family crises. This ministry has repurposed tons of useful items, redirecting them from landfills into the hands of those who need them. Learn more about the Ecumenical Storehouse [here](#).

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The office will be closed Monday, February 21, 2022.

Stone Soup

Final Friday of Every Month

**Menu: Tomato Soup, Ham 'n Cheese Sandwich, Cookie, Fruit**

Drive through the ORUUC parking lot to the front of the building where a volunteer will assist you. Please remain in your car and maintain a safe distance from other drivers.

Friday, February 25, 2022  
5:00 p.m. – 6:00 p.m. - Or Until Supplies Run Out  
Pick up only

809 Oak Ridge Turnpike, Stoplight #2

Oak Ridge Unitarian Universalist Church (865) 483-6761

Special thanks to our Community Partners for participating in our meal:  
Kroger Marketplace  
Jewish Congregation of Oak Ridge





**Memories - Pictures - Paintings - Poems - Anything that makes you think of Marge would be perfect for her scrapbook!** Please mail notes and photos to the church (809 Oak Ridge Turnpike, Oak Ridge, TN 37830) or email [office@oruuc.org](mailto:office@oruuc.org) You may also drop items off at the church office or in the mailbox outside after hours. Maximum size: 7 x 9, please. **Deadline: February 28.** Thank you! From Scrapbookers April Dixon, Steven Albright, Jen Stark, and Susan Rosenbaum

**Other ways to celebrate Marge: Sign up to deliver a small soup and/or salad meal to Marge by clicking on this link: [Marge's 100 Meals Calendar - Google Sheets](#) or contact Debbie Oscarson ([debraoscarson@gmail.com](mailto:debraoscarson@gmail.com)) or Jen Stark ([jen.stark@hotmail.com](mailto:jen.stark@hotmail.com)). Please sign up by February 28. We will present Marge with a 2022 wall calendar that has 100 deliveries of soup/salad written on it, so she will know who is delivering when. Big thanks to Debbie Oscarson and Jen Stark for coordinating our 100 Meals for Marge!**

**Team up with others to donate 100 items to a good cause in honor of Marge.** Perhaps you want to donate 100 pencils to a local school. Or 100 pennies, or dimes, or quarters, or dollars to a favorite charity. Maybe it's 100 pieces of fruit for "Fresh Fruit for Kids" or 100 canned items for Second Harvest. Get creative, share ideas on Facebook, work together and give 100 of something to someone in honor of our Marge. If possible bring your donations to Marge's

party on March 12 for Marge and all to appreciate. Big thanks to all of you for your creativity and generosity!

**Tuesday, March 8** Marge officially turns 100! That afternoon we will serenade her outside her home. Please meet at 5 p.m. at the church to carpool (there is limited parking in Marge's neighborhood). Do come!

**Saturday, March 12**, drop by ORUUC between 2 and 4 to tell Marge in person how much she means to you. You can also meet her family, see some of her personal history on display, bring/see all of the 100s of things we are all donating in Marge's honor, enjoy some refreshments and each other, check out Marge's amazing scrapbook, and see the calendar of 100 Meals for Marge. We will celebrate outside and will have a warm welcoming spot for Marge to receive us all. Do come!

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### ***T-Shirt Fundraiser!***

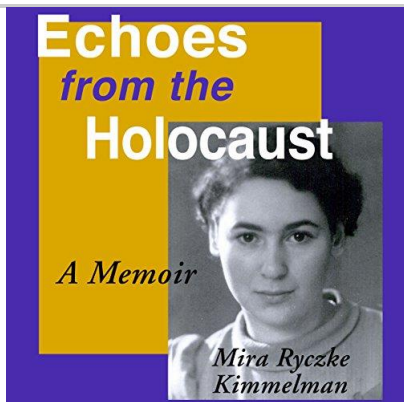


Want to represent ORUUC **AND** support the youth going on the East Coast Heritage Trip in June? Order a t-shirt here: <https://oruuc.spiritsale.com/>

Shirts are \$20 each and come in two designs for both youth and adults. **Orders will be taken until March 1st.** Shirts can be mailed directly to your home address if you pay for shipping, or if you prefer to pick them up at church, please select "Group Order Pick Up." Shirts will be distributed at the church beginning Sunday, March 27.



Thank you for your support!



## ***2022 Mira Kimmelman Holocaust Education Study Group***

Register here: [2022 Registration](#)

[\(google.com\)](#) or <https://docs.google.com/forms/d/e/1FAIpQLSew09ONS9gx40m-mozJJkaEo7bWT1wFVtjX6dyTOWEmMByu2FQ/viewform>

**by February 20.**

The Jewish Congregation of Oak Ridge (JCOR) and the Oak Ridge Unitarian Universalist Church (ORUUC) have been partners in offering this study for many years, focusing particularly on the Holocaust and its ramifications in today's world.

It is part of our preparation for the community-wide Holocaust Remembrance program each year. **This year, we would like to open the invitation to anyone in the larger community to join us in this important study of hate, intolerance, and our potential to build a more just, peaceful, and inclusive society.**

This is a four-session interactive course examining the complexities of the history leading to, during, and after the Holocaust. Longtime Oak Ridge educators Julie Kinder-McMillan and Steve Reddick will facilitate the study group.

Participants will be expected to attend all 4 classes and will have outside reading/video assignments. Reading and discussion of *Echoes from the Holocaust* by survivor Mira Kimmelman, a long-time Oak Ridger, will also take place. Participants will have the opportunity to serve as Readers in the Holocaust (Yom HaShoah) Remembrance Service.

**The group will meet in person at the Jewish Congregation of Oak Ridge, 101 W. Madison Lane, with masks and social distancing required.**

**Meeting Dates: Sundays, March 6, March 27, April 3, and April 10 from 3 to 5 p.m.**

**Yom HaShoah Remembrance Service: Sunday, April 24 at JCOR**

Space is extremely limited. Registration closes on February 20. For more information, please contact [Events@jcor.info](mailto:Events@jcor.info).



### ***Save the Date***

A message from Clovice Lewis, former ministerial intern at ORUUC (2020-2021)

After nearly four years of study and toil, the time has finally come for me to put on the robe of a Unitarian Universalist Minister! **Please join me online on March 26, 2022, at 2:00 PM PST to celebrate my ordination.** The Unitarian Universalist Community of Lake County, California, my home congregation for over 22 years, will bestow this great honor upon me then.

Use the following Zoom link to access the ceremony on the 26th:

<https://us02web.zoom.us/j/2550208121...>

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## *Save the Date*



## *Letters for Juniper*

Members and Friends of ORUUC, and all those who know and love Juniper, are invited to write letters of congratulations and encouragement to be included in a special keepsake guest book for Juniper to take with her as her journey continues to Omaha this summer. For those who may not be able to attend the Ordination Ceremony in person, this will be a wonderful way to share words of advice and support and wish Juniper well in her ministry.

Please send letters by mail to ORUUC, 809 Oak Ridge Turnpike, Oak Ridge, TN 37830 or by email to [communications@oruuc.org](mailto:communications@oruuc.org) with "Letters for Juniper" in the Subject line. **The deadline is March 25.**

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More information coming soon!

### ***ORUUC Volleyball***

Join ORUUC on **Tuesday, Feb. 22 at 7 p.m.** at the Oak Ridge Civic Center for the **final regular game of this winter volleyball season!** Contact Shelaine Curd or

Christina Elliott, or check out the ORUUC Facebook group

for updates: <https://www.facebook.com/groups/oruuc>

March 1 and 8 are Tournament or Make Up Games. TBD.



## Mother Goose



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month  
at 10:30 AM  
with "Father Goose" Michael Raymond  
September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

*Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.*

**Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium.**

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## ***Nomadic Yoga Co-op***

Sunday Morning yoga will be on hiatus until further notice, due to the cold weather and Covid restrictions for inside the building. Please continue your home practice and consider joining me on Monday evenings at Ascension Yoga for a Gentle Flow class. We

hope to be able to gather again soon. Namaste. ~Jennifer Yarrow Alexander

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## ***Line Dancing***

**Sunday, 3:00pm**

(Check with the group leader for cancelation due to weather.)

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested.

For more information contact Jo Curran or Steven Albright.

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## ***Tai Chi***

**M-W-F, 11-12 am**

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimer's, dropped cervix, bunions, & more.

For more information call Janet Hoegler at 865-963-5115.

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## ***ORUUC Weather/Closure Policy***

**Weekdays:** If Oak Ridge Schools are closed: The office At ORUUC will be closed.

**Sunday Mornings:** A decision Whether or not to have the service will be made by 9:00am. Check email and/or Facebook for status before coming to church.

**Saturday and Evening Events:** A go/no go decision will be made one hour prior to the event. Check email and/or Facebook for status before coming to church.

## **ANNOUNCEMENTS**

**Project**  **Linus**  
Providing Security Through Blankets

**East Tennessee Chapter**

Did you know that ORUUC is now a drop off location for Project Linus, a national organization comprised of volunteers who make soft, cozy blankets for children in need? The East Tennessee Chapter of Project Linus serves 11 counties, providing 2,500 blankets a year to children through child advocacy centers, homeless shelters, military families, and by request from churches, hospitals, and other chapters in need around the country following a crisis like a hurricane, flood, or other disaster. Since 2003, these blanketeers, both men and women of all ages—from Girl Scouts to women in their 90s—have created and donated nearly 40,000 new, homemade washable blankets to children in East Tennessee. Check out this video from Deb Miller, local Chapter Coordinator, to learn more: <https://youtu.be/dzaSVa2pD4g>

For more information about how to get involved, go to <https://projectlinuseasttn.org/>

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## ***Updated Covid Policies***

### **PALS Framework**

**Ours PALs risk level has moved from MAX back down to HIGH. Masks required in the building. Coffee Hour will be held outside under the portico.**

**Worship and Faith Formation hour classes will be in-person and online.**

Small groups that have been meeting during the week in the church building may continue to do so (wearing masks, following the usual protocol).

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#)

See this [link](#) for more details

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**!** NEW VACCINE UPDATE



## Adolescents & teens ages 12 to 18 years old who received a COVID-19 vaccine should get a booster.

They can get their booster at least 5 months after completing their primary Pfizer-BioNTech series.

**FIND OUT MORE AT [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)**



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The PALs level for this week is

**HIGH.** Masks are required in the building. No food or drink permitted inside the building. Please see the link (above) for details.



### ***Get Free At-Home COVID-19 Tests***

Every home in the U.S. is now eligible to order **four free at-home COVID-19 tests**. It takes only a few minutes: you provide your name and address—that's it! Orders usually ship in 7-12 days. Order tests now so you have them when you need them. <https://www.covidtests.gov/>

## ***FEBRUARY Split the Plate***



### **Housing and Living Assistance Aid to Distressed Families of Appalachian Counties (ADFAC)**

Aid to Distressed Families of Appalachian Counties (ADFAC) began in the mid 1980's as a local ecumenical effort to provide assistance to impoverished families. As the broad needs of the low-income community became evident, the faith-based collaborative moved to become a 501(c)(3) public charity in January, 1987. Over the years, ADFAC has honored its roots by developing a broad variety of programs designed to meet unfilled needs in the community and currently answers over 6,000 requests for assistance each year.

ADFAC is the prime and preeminent social service agency in Oak Ridge and surrounding counties. Not only does ADFAC provide direct services to our needy community, it is also the clearing house for most other local social service agencies and churches.

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## ***ORUUC Art Gallery***

Tina Brunetti

Artist

Alcohol Ink on Metal

My intense love and respect for animals and nature drives me to paint. My goal is to communicate to the world the importance of ecological balance between humans and Mother Earth through my artwork.

I create vivid colorful translucent alcohol ink paintings through the application of alcohol ink to aluminum, steel, copper, and brass sheets. Prior to applying the alcohol ink, texture is added to metal with grinding tools, or a torch is applied to the copper to produce vibrant intricate colors or an "aged" blue green patina is created by chemically treating the copper with salt and ammonia. These unique processes create stunning colors and patterns that results in multi-patterned light refractions. The transparency of the alcohol ink lets the patterns on the treated metal shine through. The layering of pigments and use of dremel tools to add fine details produces a three-dimensional effect that make my landscape, animal, and Native American paintings come to life.



Even though I was born in St. Louis, I knew that I would one day move to the Appalachian/Smoky Mountains. When I visited the Smokies for the first time, over thirty years ago, I knew my heart belonged to this region. The area's beauty and wilderness inspire my love for nature and wildlife.



I reside in Loudon, Tennessee with my husband and business partner, David Watson. Between us, we have three grown children and three grandsons. We also have a pup.

While painting my animals, especially protected or endangered species, I am in a zone. I feel like I have been given the mission to remind people of their importance to the earth and the environment. They need to be respected, they need to be safe, they need to be loved, they need to be alive.

[www.TinaBrunettiart.com](http://www.TinaBrunettiart.com)

[Brunetti.tina945@gmail.com](mailto:Brunetti.tina945@gmail.com)

## OUR ORUUC FAMILY

### *Caring for Each Other*

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator (865) 483-6761

Office Hours M-F 10 AM to 4 PM [office@oruuc.org](mailto:office@oruuc.org)

### **Caring Coordinators for February**

Jami Garner [Jamigarner@me.com](mailto:Jamigarner@me.com) 250-5505

Christina Elliott [christina.r.elliott@gmail.com](mailto:christina.r.elliott@gmail.com) 214-0756

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

## ORUUC LEADERSHIP

### **The ORUUC Board of Officers**

President: Jim Nutaro  
Past President: Val Herd  
President-Elect: Michele Thornton  
Secretary: Jason Fishel  
Treasurer: Brandon White  
Members-at-Large:  
Shelaine Curd  
Regina Guy  
Nathaniel Bass  
Ethan Coon

### **The ORUUC Executive Team**

Rev. Jake Morrill  
Christine Rehder  
Christina Elliott  
Debra Oscarson

## Community/UU



**ATTENTION: ALL MIDDLE AND HIGH SCHOOL AGE STUDENTS IN OAK RIDGE**

NAACP Black History Trivia Contest Update: The Education Committee of the Oak Ridge–Anderson County NAACP Branch is sponsoring a Black History Month Trivia Contest for all Oak Ridge middle and high school age students. Entries will be judged on accuracy, amount of research and content

included, as well as strong writing and analysis skills, including the spelling and grammar mechanics of the entry. In the event of a tie, the student with all correct answers who submits the earliest response will be the winner.

**Submit entries by March 11 to Rose Weaver at [rs\\_wvr@yahoo.com](mailto:rs_wvr@yahoo.com).** Any questions about the Trivia Contest should be directed to Ms. Weaver via email address or text (865) 924-2987.

Trivia winners will be awarded the following: First-place winner, \$50; second-place winner, \$25; and the third-place winner, \$15. The first-place winner will be required to present his or her four sentences about an “Unsung Scarborough-85 Oak Ridge TN Hero” at the March 22 NAACP monthly general membership meeting. This may be a Zoom meeting, contingent upon the status of the pandemic.

**Resources for answering questions:**

*Scarboro Community Center Memorabilia Wall, 148 Carver Avenue. Contact Barbara Spratling. Hours of Operation are from 9 a.m. to 7 p.m., Monday through Saturday.*

*Oak Ridge History Museum, Oak Ridge Turnpike. Contact Emily Nunn. Hours of Operation are 10 a.m. to 2 p.m., Thursday through Saturday.*

*Oak Ridge Public Library, Oak Ridge Turnpike. Contact Mike Stallo. Hours of Operation are 10 a.m. to 7 p.m., Monday through Saturday.*

### **Trivia Questions**

1. Picture and location of Scarboro Elementary/Jr/High School. (Hint- Scarboro Community Center.)
2. List of three (3) names in the last Scarboro High School graduating class. (Hint- Scarboro Community Center).
3. What is the name of the principal of Scarboro School? List three things about her.
4. List three teachers at the Scarboro School.
5. Include a picture of the first Black teacher in the state of Tennessee to teach at an integrated school. List what important building was named after him in Knoxville, Tennessee. (Provide reference). (Hint: Oak Ridge Public Library.)
6. Locate where the Colored Community was located in the 1940s. (Hint Oak Ridge History Museum).
7. Provide the month, date, and year the schools in Oak Ridge were desegregated. (Provide the reference).
8. What is the historical reference to the names of the streets in the Scarboro Community? Take a selfie showing one of the streets.
9. List five (5) of the Scarboro-Oak Ridge TN 85 students. Cite your reference. (Hint Scarboro Community Center.)
10. What biennial reunion is held in the Scarboro Community to recognize significant contributions made by Scarboro Residents? When was the last one held? (Hint-Articles in The Oak Ridger Newspaper, talk with John Spratling).
11. What are the names of the first Black basketball players? What Oak Ridge schools did they attend? (Provide reference)

12. Who was the first Black to be inducted to the Oak Ridge High National Honor Society? What was his profession after graduation? (Hint: Oak Ridge Public Library, The Oak Ridger newspaper article)
13. Where did L.C. Gipson, one of the Scarboro-Oak Ridge TN students, work after graduation? What was his title? (Hint-Oak Ridge Public Library).
14. Name the Scarboro-Oak Ridge TN 85 student who received civil rights training during the '50s and is currently a nurse. (Hint-Oak Ridge Public Library)
15. Locate and copy, including a picture of one of the still living Scarboro-Oak Ridge, TN 85 students. In four (4) sentences, write why this person should be honored. (Hint: Photos in The Oak Ridger newspaper, Scarboro Community Center or Google).



***Youth CON Registration Now Open for  
Spring 2022 Camps!***

Youth "CONs" are weekend long events in Highlands, North Carolina, an experience in building covenantal community and empowering youth leadership.

**Register online through February 25!**

Camp Dates:

[Intermediate \(6th – 8th graders\): March 4 - 6 -2022](#)

[Elementary \(3rd – 5th graders\): March 18 - 20 - 2022](#)

[Senior High \(9th – 12th graders\): March 25 - 27 -2022](#)

Please email Christine Rehder, Director of Faith Formation,  
at [crehder@oruuc.org](mailto:crehder@oruuc.org) if you plan on attending.



## Music Week at The Mountain

The Mountain Retreat and Learning Center  
Highlands NC

April 10-15, 2022

with Friction Farm, Tret Fure, and more

- \* explore music with national touring songwriters & performers
- \* enjoy opportunities to play, sing, learn in workshops for all levels
- \* expand your musical horizons in a supportive environment
- \* join in community singing and jamming
- \* less musically inclined will enjoy lectures, concerts, hikes
- \* peaceful, rustic mountain setting
- \* good food for all dietary choices

visit <https://www.themountainrlc.org/music-week>  
or email [aidan.christine@gmail.com](mailto:aidan.christine@gmail.com)



<https://www.themountainrlc.org/music-week>

[aidan.christine@gmail.com](mailto:aidan.christine@gmail.com)

## ON THE CALENDAR THIS WEEK

### **Friday, February 18**

11:00am Tai Chi Practice

### **Saturday, February 19**

9:00 am-12 noon Volunteer at Ecumenical Storehouse

11:00am Women of the Bible (Registered Participants Only)

### **Sunday, February 20**

10:00am Worship Service

11:00am (Canceled)Yoga

11:00am Family Group

11:00am High School

11:00am Reflections

11:00am Together in Spirit

11:15am Circle IX

11:15am Circle of Trust I

12:30pm OWL 4-6 Grade

12:30pm OWL (7-9 Grades)

12:30pm OWL 10-12 Grade

12:30pm

Buddhism Study Group

1:30pm Book Club (On Zoom until March)

3:00pm Line Dancing

4:00pm Circle of Trust XI

5:00pm Staff Dinner

5:30pm Circle of Trust

### **Monday, February 21**

**Office Closed**

**Presidents Day**

11:00am Tai Chi Practice

6:50pm Meditation Learning and Practice Group

### **Tuesday, February 22**

6:00pm (Canceled) Nomadic Yoga

6:00pm Depression & Anxiety Support Group

7:00pm Volleyball at Oak Ridge Civic Center

### **Wednesday, February 23**

6:30am Breakfast Rotary

11:00am Tai Chi

5:30pm Circles of Trust III

6:00pm Board Meeting

6:00pm Circles of Trust VI

6:45pm Choir Practice

7:45pm Band Rehearsal

### **Thursday, February 24**

12:00pm NWUUC & Launchpad Meeting

2:00pm (Rental) Friends of Literacy

5:00pm Potluck

6:50pm Meditation Learning and Practice Group

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**Our mailing address is:** 809 Oak Ridge Turnpike, Oak Ridge, TN 37830

[oruuc.org](http://oruuc.org) | 865-483-6761 | [office@oruuc.org](mailto:office@oruuc.org)



