



The Exponent

February 25 – March 3, 2022

WORSHIP

February Series "Instructions for Evolution"

Sunday, Feb. 27, 10:00 AM

"Other People: Those You Cannot Change"

Rev. Jake leading worship service

Oh, we have so many ideas for how others could change! We might even helpfully tell them and give them advice. But, in the end, many of us will discover that the only person we can change is ourselves. How, then, to relate

to others in a world where the opposite of love is control? Especially when one we love is struggling, knowing we can't change them, what on earth could we do? That's what we're talking about this Sunday.

In-Person and Zoom. ZOOM door opens at 9:45 am. See link below.

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

Faith Formation is in-person and on Zoom this week.

Faith Formation Links

Group Name	Target Group	Meeting Link or Join by Phone	Password
Reflections	All	Click here 682-663-607	678820
Spirit Play	Ages 5-11	Click here 992-2433-6010	678820
Middle School	Ages 12-14	Click here 944-508-2777	678820
High School	Ages 14-18	solarmanj@gmail.com to join Discord Group	

Here's the current Google doc with all of the Zoom

links: https://docs.google.com/spreadsheets/d/1-BU3OTreBVV-HAaabMzZ5O_UOr67zP4y4IG-ad-SGxE/edit#gid=0

UP FRONT

Stone Soup



Final Friday of Every Month

Menu: Tomato Soup, Ham 'n Cheese Sandwich, Cookie, Fruit

Drive through the ORUUC parking lot to the front of the building where a volunteer will assist you. Please remain in your car and maintain a safe distance from other drivers.

Friday, February 25, 2022
5:00 p.m. – 6:00 p.m. - Or Until Supplies Run Out
Pick up only

809 Oak Ridge Turnpike, Stoplight #2

Oak Ridge Unitarian Universalist Church

(865) 483-6761



Special thanks to our Community Partners for participating in our meal:
Kroger Marketplace
Jewish Congregation of Oak Ridge





Stone Soup volunteers have been busy at ORUUC this week putting together 150 meals of classic tomato soup, Honeybaked Ham 'n cheese sandwiches, cookies, and fruit. Drive thru starting at 5 p.m. Friday for this free meal. All are welcome...always!





Meals for Marge: We have plenty of soup for Marge in March, but we need folks to sign up for April and the following months. If you're using a desktop computer, look at the bottom of the document and you'll see tabs for each

month. Click on the month, then enter your name on the date you choose. If you're accessing the document from your phone, the tabs will be at the top.

https://docs.google.com/spreadsheets/d/1xxqAn_6eOCPsMZONSCnoMb-Tzo_z9jWe0eJaCgztM1Q/edit#gid=710810914

Please sign up by February 28. Thank you for signing up to make Marge's 100th celebration special!

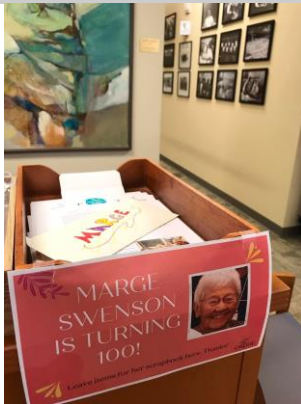
april

notes:

Please sign up for a date or two by simply inputting your name and number on the date or dates.
 Then on this date, deliverables soup or salad to Marge! Nothing spicy please!
 Also, if you use a ziplock use one with a zipper lock please.

sun	mon	tue	wed	thu	fri	sat
27	28	29	30	31	1 Tandy Scheffler 865-310-0189	2
3	4	5	6	7	8	9
10	11	12	13 Jinx Watson	14	15	16
17	18	19	20	21	22	23
24	25	26	27 Jinx Watson	28	29	30
1	2	3	4	5	6	7

+ ☰ Mar ▾ Apr ▾ May ▾ Jun ▾ Jul ▾ Aug ▾ Sep ▾ Oct ▾ Nov ▾ Dec ▾ Instructions ▾

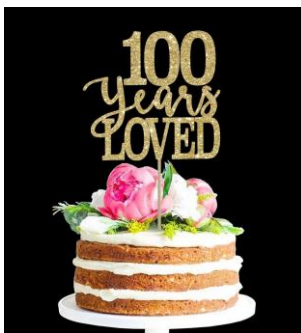


Marge's Scrapbook Deadline: Monday, Feb. 28:

Please drop off all notes, photos, and anything you'd like to include in Marge's scrapbook at the church office no later than Monday. You may email just a few lines or a longer letter to office@oruuc.org and we'll print them for you. Or drop items off in the box on Rachel's desk in the church office on Sunday morning or anytime.

Team up with others to donate 100 items to a good cause in honor of Marge. Perhaps you want to donate 100 pencils to a local school. Or 100 pennies, or dimes, or quarters, or dollars to a favorite charity. Maybe it's 100 pieces of fruit for "Fresh Fruit for Kids" or 100 canned items for Second Harvest. Get creative, share ideas on Facebook, work together and give 100 of something to someone in honor of our Marge. If possible, bring your donations to Marge's party on March 12 for Marge and all to appreciate. Big thanks to all of you for your creativity and generosity!

Tuesday, March 8 Marge officially turns 100! That afternoon we will serenade her outside her home. Please meet at 5 p.m. at the church to carpool (there is limited parking in Marge's neighborhood). Do come!



Saturday, March 12, drop by ORUUC between 2 and 4 to tell Marge in person how much she means to you. You can also meet her family, see some of her personal history on display, bring/see all of the 100s of things we are all donating in Marge's honor, enjoy some refreshments and each other, check out Marge's amazing scrapbook, and see the calendar of 100 Meals for Marge. We will celebrate outside and will have a warm welcoming spot for Marge to receive us all.

T-Shirt Fundraiser!



Want to represent ORUUC **AND** support the youth going on the East Coast Heritage Trip in June? Order a t-shirt here: <https://oruuc.spiritsale.com/>

Shirts are \$20 each and come in two designs for both youth and adults. **Orders will be taken until March**

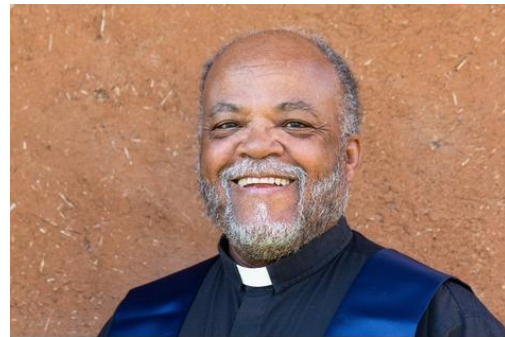
1st. Shirts can be mailed directly to your home address if you pay for shipping, or if you prefer to pick them up at church, please select "Group Order Pick Up." Shirts will be distributed at the church beginning Sunday, March 27.



Thank you for your support!

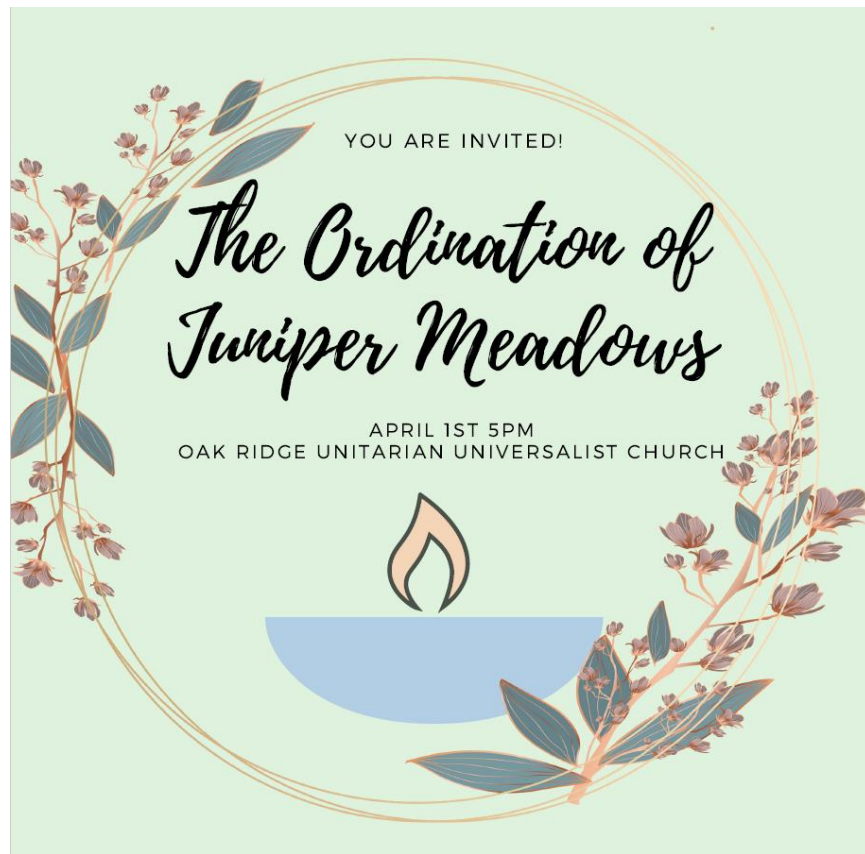
Save the Date

Former Ministerial Intern Clovice Lewis will be ordained March 26 at 2:00 PM PST at the Unitarian Universalist Community of Lake County, California, his home congregation for over 22 years.



Please register on [eventbrite.com](https://www.eventbrite.com) at <https://www.eventbrite.com/.../clovice-lewis-ordination...> if you wish to attend online. *[Photo by Olivia Consterdine]*

Save the Date



Letters for Juniper

Members and Friends of ORUUC, and all those who know and love Juniper, are invited to write letters of congratulations and encouragement to be included in a special keepsake guest book for Juniper to take with her as her journey continues to Omaha this summer. For those who may not be able to attend the Ordination Ceremony in person, this will be a wonderful way to share words of advice and support and wish Juniper well in her ministry.

Please send letters by mail to ORUUC, 809 Oak Ridge Turnpike, Oak Ridge, TN 37830 or by email to communications@oruuc.org with "Letters for Juniper" in the Subject line. **The deadline is March 25.**



More information coming soon!

ORUUC Volleyball



ORUUC Volleyball Tournament Play: They've had a great winter season, and now ORUUC is gearing up for their first tournament game! **Come out to cheer on the team Tuesday, March 1 at 6 p.m. at the Oak Ridge Civic Center!**

Mother Goose



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month
at 10:30 AM
with "Father Goose" Michael Raymond
September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.

Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium



Nomadic Yoga Co-op

Sunday Morning yoga will be on hiatus until further notice, due to the cold weather and Covid restrictions for inside the building. Please continue your home practice and consider joining me on Monday evenings at Ascension Yoga for a Gentle Flow class. We hope to be able to gather again soon. Namaste. ~Jennifer Yarrow Alexander



Line Dancing

Sundays at 3:00pm

(Check with the group leader for cancelation due to weather)

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested. **For more information contact Jo Curran or Steven Albright.**



Tai Chi

M-W-F, 11-12 am

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimers, dropped cervix, bunions, & more. **For more information call Janet Hoegler at 865-963-5115.**

ANNOUNCEMENTS



Did you know that ORUUC is now a drop off location for Project Linus, a national organization comprised of volunteers who make soft, cozy blankets for children in need? The East Tennessee Chapter of Project Linus serves 11 counties, providing 2,500 blankets a year to children through child advocacy centers, homeless shelters, military families, and by request from churches, hospitals, and other chapters in need around the country following a crisis like a hurricane, flood, or other disaster. Since 2003, these blanketeers, both men and women of all ages—from Girl Scouts to women in their 90s—have created and donated nearly 40,000 new, homemade washable blankets to children in East Tennessee. Check out this video from Deb Miller, local Chapter Coordinator, to learn more: <https://youtu.be/dzaSVa2pD4g>


For more information about how to get involved, go to <https://projectlinuseasttn.org/>

Updated Covid Policies/ PALs Framework

Ours PALs risk level is HIGH. Masks are required in the building. Coffee Hour will be outside under the portico. **Worship and Faith Formation hour classes**

will be in-person and online. Check with your group leader if you have questions.

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#). See this [link](#) for more details.




NEW VACCINE UPDATE

Adolescents & teens ages 12 to 18 years old who received a COVID-19 vaccine should get a booster.

They can get their booster at least 5 months after completing their primary Pfizer-BioNTech series.

FIND OUT MORE AT [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)



Get Free At-Home COVID-19 Tests

Every home in the U.S. is now eligible to order **four free at-home COVID-19 tests**. Orders usually ship in 7-12 days. Order tests now so you have them when you need them: <https://www.covidtests.gov/>



FEBRUARY Split the Plate

Housing and Living Assistance

**Aid to Distressed Families of
Appalachian Counties (ADFAC)**

Aid to Distressed Families of Appalachian Counties (ADFAC) began in the mid 1980's as a local ecumenical effort to provide assistance to impoverished families. As the broad needs of the low-income community became evident, the faith-based collaborative moved to become a 501(c)(3) public charity in January, 1987. Over the years, ADFAC has honored its roots by developing a broad variety of programs designed to meet unfilled needs in the community and currently answers over 6,000 requests for assistance each year.

ADFAC is the prime and preeminent social service agency in Oak Ridge and surrounding counties. Not only does ADFAC provide direct services to our needy community, it is also the clearing house for most other local social service agencies and churches.



ORUUC Art Gallery

Tina Brunetti

Artist

Alcohol Ink on Metal

My intense love and respect for animals and nature drives me to paint. My goal is to communicate to the world the importance of ecological balance between humans and Mother

Earth through my artwork.

I create vivid colorful translucent alcohol ink paintings through the application of alcohol ink to aluminum, steel, copper, and brass sheets. Prior to applying the alcohol ink, texture is added to metal with grinding tools, or a torch is applied to the copper to produce vibrant intricate colors or an "aged" blue green patina is created by chemically treating the copper with salt and ammonia. These unique processes create stunning colors and patterns that results in multi-patterned light refractions. The transparency of the alcohol ink lets the patterns on the treated metal shine through. The layering of pigments and use of dremel tools to add fine details produces a three-dimensional effect that make my landscape, animal, and Native American paintings come to life.



Even though I was born in St. Louis, I knew that I would one day move to the Appalachian/Smoky Mountains. When I visited the Smokies for the first time, over thirty years ago, I knew my heart belonged to this region. The area's beauty and wilderness inspire my love for nature and wildlife.



I reside in Loudon, Tennessee with my husband and business partner, David Watson. Between us, we have three grown children and three grandsons. We also have a pup.

While painting my animals, especially protected or endangered species, I am in a zone. I feel like I have been given the mission to remind people of their importance to the earth and the

environment. They need to be respected, they need to be safe, they need to be loved, they need to be alive.

www.TinaBrunettiart.com

Brunetti.tina945@gmail.com

OUR ORUUC FAMILY

Caring for Each Other

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact Rev. Tandy Scheffler, Minister of Care and Connection, or Jeannie Cuevas, Office Administrator. (865) 483-6761 office@oruuc.org Office Hours M-F 10 AM - 4 PM

Caring Coordinators for March

Christina Elliott Christina.r.elliott@gmail.com 214-0756

Jill Adler Jill.adler.62@gmail.com 704-989-2252

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

Dearest ORUUCians,

I bring you sad news of one of our own. After a recent fall resulting in a broken hip and surgery to repair it, Robin Toth, age 87, died at NHC due to heart

failure early Sunday, February 20. Her husband Ken and daughter Debbie had visited with her the previous afternoon, just as they had each day since her surgery. It had seemed she was getting better, so her death has come as a shock.

Please hold the Toth Family in very tender care at this time of deep grief and loss. In addition to Ken and Debbie (Deborah Toth Wyatt), Robin leaves son Ned (Kenneth Stephen Toth, Jr.), grandchildren Emma Toth, Kenneth Wyatt, Christina Wyatt and her husband Eric Hart, and great granddaughter Ana Hart. She also leaves her sister, Kitty Kelly Epstein.

Robin and Ken have been long-time residents of Oak Ridge, raising their children in this community. Robin retired from a long and dedicated career teaching English at Oak Ridge High School. She and Ken became active in the Oak Ridge UU Church a couple of decades ago. Life took a sharp turn a few years ago when they made the move from their long-time home to Commonwealth. Not long after that, Debbie and her family returned to Oak Ridge to help care for her parents.

Shortly after arriving at ORUUC, Robin, educator that she was, joined the then Adult Education Committee. In that capacity, Robin became one of the leaders of what was then a very fledgling group that met after services to talk about the service. "Reflections," as we now know it, found its sweet spot and took off under Robin's steady leadership. She brought a sense of community and activism to the group. After repeated conversations about our country's prison system, Robin helped to arrange a visit to the county jail. She also introduced what have become standard rituals for opening and closing each gathering of Reflections. And, when the time came for her to step down from leadership, Robin wisely, graciously, and intentionally passed the Reflections baton to new leaders.

This past December (2021), Bob and Lynda McLaren and Teresa Myrick and her sister hosted a Holiday Party at Commonwealth for all the ORUUC residents. Robin and Ken were there. Their closeness and care for each other was apparent—devoted partners who met each day together and made it through by each supporting the other. If you know Ken, I encourage you to reach out to support him in this very confusing and challenging time.

Plans for celebrating Robin’s long and good life will be forthcoming.

In honor of Robin, thank an educator today. Give extra-special care to someone you love. And when the time comes for you to pass the baton to the next leader in some aspect of your life, do so wisely and graciously. May we each and as a community honor all that Robin did and meant to us as we live our lives going forward.

With love and care,

Tandy

Rev. Tandy Scheffler, Minister of Care and Connection

ORUUC LEADERSHIP

The ORUUC Board of Officers

President: Jim Nutaro
Past President: Val Herd
President-Elect: Michele Thornton
Secretary: Jason Fishel
Treasurer: Brandon White
Members-at-Large:
Shelaine Curd
Regina Guy
Nathaniel Bass
Ethan Coon

The ORUUC Executive Team

Rev. Jake Morrill
Christine Rehder
Christina Elliott
Debra Oscarson

Community/UU



The Mira Kimmelman 'Learning from the Holocaust' Contest 2022

Mira Kimmelman (1923-2019) was a Woman of Valor. A Holocaust survivor who endured not only incarceration in Auschwitz, but a deadly and horrific death march to Bergen-Belsen, she turned to volunteering and education after coming to the United States. For over fifty years, she dedicated herself to the Jewish communities of Tennessee and Holocaust education efforts around the state. A twice-published author, she raised her voice in the hope that continuing education and remembrance of this atrocity would ensure that no one should suffer such atrocities ever again.

Mira Kimmelman challenged students to reflect upon the history of the Holocaust and contemporary examples of injustice for over fifty years. The contest continues her work and legacy, asking Tennessee students to create projects that reflect how the lessons of the Holocaust are relevant to current events and their own lives. The contest has both middle school and high school entry options, all of which prompt students to reflect on the lessons learned through the study of Holocaust history.

The winner of the High School Essay contest receives a prize of \$750, with the first runner up receiving \$500 and the second runner up receiving \$250.

The winner of the Middle School Essay contest receives a prize of \$500, with the first runner up receiving \$300 and the second runner up receiving \$150.

The winner of the Middle School Project contest receives a prize of \$500, with the first runner up receiving \$300 and the second runner up receiving \$150.

For more information on the contest details and an application form, visit the website: <https://tnholcom.org/kimmelman-contest/>

Please direct all questions to tnholcom@tnholcom.org.

Materials should be sent in an email to the above address with the subject line 'Kimmelman (Last Name)'.

The deadline for submissions is June 1, 2022.



ATTENTION: ALL MIDDLE AND HIGH SCHOOL AGE STUDENTS IN OAK RIDGE

NAACP Black History Trivia Contest
Update: The Education Committee of the Oak Ridge–Anderson County NAACP Branch is sponsoring a Black History Month Trivia Contest for all Oak Ridge middle and high school age students.

Entries will be judged on accuracy, amount of research and content included, as well as strong writing and analysis skills, including the spelling and grammar mechanics of the entry. In the event of a tie, the student with all correct answers who submits the earliest response will be the winner.

Submit entries by March 11 to Rose Weaver at rs_wvr@yahoo.com. Any questions about the Trivia Contest should be directed to Ms. Weaver via email address or text (865) 924-2987.

Trivia winners will be awarded the following: First-place winner, \$50; second-place winner, \$25; and the third-place winner, \$15. The first-place winner will be required to present his/her four sentences about an "Unsung Scarboro-85 Oak Ridge TN Hero" at the March 22 NAACP monthly general membership meeting. This may be on Zoom, contingent upon the status of the pandemic.

Resources for answering questions:

Scarboro Community Center Memorabilia Wall, 148 Carver Avenue. Contact Barbara Spratling. Hours are from 9 a.m. to 7 p.m., Monday through Saturday.

Oak Ridge History Museum, Oak Ridge Turnpike. Contact Emily Nunn. Hours of Operation are 10 a.m. to 2 p.m., Thursday through Saturday.

Oak Ridge Public Library, Oak Ridge Turnpike. Contact Mike Stallo. Hours of Operation are 10 a.m. to 7 p.m., Monday through Saturday.

Trivia Questions

1. Picture and location of Scarboro Elementary/Jr/High School. (Hint- Scarboro Community Center.)
2. List of three (3) names in the last Scarboro High School graduating class. (Hint- Scarboro Community Center).
3. What is the name of the principal of Scarboro School? List three things about her.
4. List three teachers at the Scarboro School.
5. Include a picture of the first Black teacher in the state of Tennessee to teach at an integrated school. List what important building was named after him in Knoxville, Tennessee. (Provide reference). (Hint: Oak Ridge Public Library.)

6. Locate where the Colored Community was located in the 1940s. (Hint Oak Ridge History Museum).
 7. Provide the month, date, and year the schools in Oak Ridge were desegregated. (Provide the reference).
 8. What is the historical reference to the names of the streets in the Scarboro Community? Take a selfie showing one of the streets.
 9. List five (5) of the Scarboro-Oak Ridge TN 85 students. Cite your reference. (Hint Scarboro Community Center.)
 10. What biennial reunion is held in the Scarboro Community to recognize significant contributions made by Scarboro Residents? When was the last one held? (Hint-Articles in The Oak Ridger Newspaper, talk with John Spratling).
 11. What are the names of the first Black basketball players? What Oak Ridge schools did they attend? (Provide reference)
 12. Who was the first Black to be inducted to the Oak Ridge High National Honor Society? What was his profession after graduation? (Hint: Oak Ridge Public Library, The Oak Ridger newspaper article)
 13. Where did L.C. Gipson, one of the Scarboro-Oak Ridge TN students, work after graduation? What was his title? (Hint-Oak Ridge Public Library).
 14. Name the Scarboro-Oak Ridge TN 85 student who received civil rights training during the '50s and is currently a nurse. (Hint-Oak Ridge Public Library)
 15. Locate and copy, including a picture of one of the still living Scarboro-Oak Ridge, TN 85 students. In four (4) sentences, write why this person should be honored. (Hint: Photos in The Oak Ridger newspaper, Scarboro Community Center or Google).
-



Welcome to The Mountain



Registration Ends TODAY for Youth CON Spring Camps!

Camp Dates: [Intermediate \(6th – 8th graders\): March 4 - 6 -2022](#)

[Elementary \(3rd – 5th graders\): March 18 - 20 - 2022](#)

[Senior High \(9th – 12th graders\): March 25 - 27 -2022](#)

Please email Christine Rehder, Director of Faith Formation, at crehder@oruuc.org if you plan on attending.

ON THE CALENDAR THIS WEEK

Friday, February 25

11:00am Tai Chi Practice
4:00pm Small Group Preparation (Circles of Trust)
5:00pm Stone Soup Community Meal

Saturday, February 26

11:00am Women of the Bible (Registered Participants Only)
3:00pm Ukulele

Monday, February 28

11:00am Tai Chi Practice
5:00pm Caring Coordinators Transition Meeting
6:50pm
Meditation Learning and Practice Group
7:15pm Monthly Leadership Training (Non-Violent Communication)

Tuesday, March 1

2:00pm Piano Tuning
6:00pm (Canceled) Nomadic Yoga

Sunday, February 27

8:15am Circles of Trust VII
10:00am Worship Service
11:00am (Canceled)Yoga
11:00am Family Group
11:00am High School
11:00am Reflections
11:00am Together in Spirit
11:15am Circle of Trust II
11:15am Circle of Trust IV
11:30am Oak Ridge Improving Democracy (ORID) Informational Meeting
12:00pm Circle of Trust V
12:30pm OWL 4-6 Grade
12:30pm OWL (7-9 Grades)
12:30pm OWL 10-12 Grade
12:30pm Buddhism Study Group
1:00pm Circle of Trust VI
2:00pm (3-5pm) Line Dancing

6:00pm Depression & Anxiety Support Group
6:00pm Volleyball at Oak Ridge Civic Center

Wednesday, March 2

6:30am Breakfast Rotary
11:00am Tai Chi
11:00am Circle of Trust VIII
6:45pm Choir Practice
7:45pm Band Rehearsal
Thursday, March 3

2:00pm (Rental) Friends of Literacy
2:00pm Executive Team Meeting
5:00pm Potluck
6:50pm Meditation Learning and Practice Group

Thursday, March 3

2:00pm (Rental) Friends of Literacy
2:00pm Executive Team Meeting
5:00pm Potluck
6:50pm Meditation Learning and Practice Group



Copyright © 2022, All rights reserved.

Our mailing address is:

809 Oak Ridge Turnpike
Oak Ridge, TN 37830

oruuc.org | 865-483-6761 | office@oruuc.org

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

