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News from Oak Ridge Unitarian Universalist Church





IN!

Take out

available

FREE Community Meal!

Friday, March 29 5:30 p.m. - 6:30 p.m. Or until supplies run out! Split Pea Soup with Ham Fresh Fruit Chocolate Pretzel Crinkle Cookies Come inside the Social Hall and share a meal with others, or pick up a take out meatages of non-pershable groceries will also be available. All are welcome! Oak Ridge Unitarian Universalist Church (865) 483-6761 Sopeial thanks to our Community Partners for making this Final Friday Monthly Meal possible: Special thanks to our Community Partners for Making this Final Friday Monthly Meal possible: Special thanks to our Community Partners for Making this Final Friday Monthly Meal possible: Special thanks to our Community Partners for Making this Final Friday Monthly Meal possible: Special thanks to our Community Partners for Making this Final Friday Monthly Meal possible: Special thanks to our Community Partners for Making this Final Friday Monthly Meal possible: Special thanks to our Community Partners for Making this Final Friday Monthly Meal possible: Special thanks to for the Ridge

Stone Soup volunteers have prepared another delicious free community meal! Stop by this afternoon between 5:30 and 6:30 p.m. to dine in or pick up some homemade Split Pea with Ham Soup, Fresh Fruit, and Chocolate Pretzel Crinkle Cookies.

Thanks to our volunteers who plan, shop, prep, cook, bake, bag, greet, serve, and clean up every month, and to our community partners, the Jewish Congregation of Oak Ridge, and Kroger Marketplace. Reach out to Jen Stark at jen.stark@hotmail.com if you'd like to help!

Your ORUUC Ministerial Search Team is pleased to announce something big....on April 7.

With your diligent support to our faithful service, we have made a mutual selection with our new ministerial candidate. This means that in a sea of prospective searchers and "searchees," we managed to find each other. Please plan to attend church in person or online on April 7 for this important announcement and stay tuned for more!

It seems amazing that it was nearly two years ago that I began my happy interim service at ORUUC. The church was still processing the ending of two valued, long-term ministries, and yet you had energy to welcome me and start a fresh chapter. And now, as we draw this shared liminal (in-between) time to a close, I'm so happy for the new beginning that you're just about to embark on.

As I began in August 2022, I asked you to not just look

ahead to the new settled minister you hoped for, but to "pay attention to the journey." I believe you've really taken that to heart, and I'm so honored you let me be a companion on this journey of transition.

As you prepare for your soon-to-bescheduled candidating week (squeeeee, doesn't it just make your heart sing with joy to anticipate it?) you might reflect on some questions we started with at the beginning of the transition process. Remember, there are no right or wrong answers, there are only YOUR authentic answer to questions like, "what was your most moving moment here at ORUUC? When have you felt most deeply connected?" And, an important one: "What is it like when things are at their best at ORUUC?"

Take some time in the coming week to ponder and reflect on these. Maybe discuss with a few friends. However



discuss with a few friends. However you do it, you'll be taking such important steps along this continuing journey of transition. And as you prepare to meet your candidate, remember the words of William Bridges:

It isn't the events that make a period of your life transitional. It is the deeper inner shifts ..., the inner turnings that you may not even recognize until you can look back and see ... that point [when] your footsteps curved off in a new direction. Enjoy the journey, ORUUC! I'm honored to have shared this part of the road with you.

Rev. Lisa

This Sunday, March 31 A Tomb is No Place to Stay

Easter tells a story of brokenness, rife with suffering and shame. It is the ancient story generations have told again and again, written in blood. Perhaps this tale of fragility and darkness and wide-open wonder is especially relevant today. Interim Minster, the Rev. Lisa Romantum Schwartz, leads worship on this final Sunday in March.

Worship with us at 10 a.m. in person or on ZOOM. Zoom door opens at 9:45 a.m. To Zoom: Please install the Zoom app on your device and use Zoom Worship Service Meeting ID: 946 8973 5846. The Order of Service may be found <u>here</u>. Email or Text Prayer Requests to prayers @oruuc.org

Covid-19 Update: Masks are not required in the building. We have masks and hand sanitizer available, and we encourage you to do what makes you feel comfortable.

March 31, 2024

A Tomb is No Place to Stay

Rev. Lisa Romantum Schwartz Interim Minister

> Transformation Worship Series Week 5 of 5

Fifth Sunday Split the Plate Offering: <u>The</u> <u>Minister's Discretionary Fund</u>

After worship, please stay for coffee and treats in the Social Hall. Adult and Youth Faith Formation classes take place from 11:15 to 12:15. The Nursery is available during Worship and the Faith Formation Hour.

Don't forget to bring any spare change you have to church today! Our younger UU's (preschool through elementary) will be searching for coinfilled plastic eggs during the egg hunt at 12:15 today (please remember to bring a basket!). church lobby. Thank you!



We invite you to join us on this Easter Sunday at 10 a.m. for Worship and Faith Formation Hour, followed by our Annual Egg Hunt and Bunny Trail at 12:15 p.m. for our younger UU's (preschool and elementary age). Don't forget your basket! Happy Easter!

Fifth Sunday Split the Plate Offering: The Minister's Discretionary Fund

Every Sunday we share our offering 50/50 with a local agency chosen by our members during a vote at the Congregational Meeting each June. On months with a fifth Sunday, the Minister's Discretionary Fund is the recipient.

The Minister's Discretionary Fund is available to help church members who are in a moment of financial crisis. Through this fund, we've been able to pay a month's rent or mortgage to help ORUUCians to maintain their housing. We can pay for an unexpected medical, dental, or



prescription bill that would otherwise max out someone's finances. We've paid utility bills to literally keep the lights on. The Minister's Discretionary Fund also helps people in the larger Oak Ridge community with utility bills, food, and gas. When folks in need call the church for emergency assistance, this fund is where the money comes from to pay a bill or offer relief. The fund is completely confidential: If you're in need, only the minister need know, in order to access the fund. A bill can be paid safely and securely, with complete discretion. Thanks in advance for your generosity. Please GIVE HERE as you are willing and able, or text "ORUUC" to 73256.Please **<u>GIVE HERE</u>** as you are willing and able, or text "ORUUC" to 73256.

March Worship Series Transformation

March 3: *Kindling the Power of Transformation* Rev. Lisa Romantum Schwartz

March 10: **Be Like Water** Rev. Laura Bogle, Guest Minister

No Faith Formation classes during Spring Break. Multi-Gen Faith Formation Hour: Watercolors in the Social Hall.

> March 17: **Born of the Earth Rev. Lisa Romantum Schwartz** No Faith Formation classes during Spring Break. Multi-Gen Faith Formation Hour: Air dry clay.

March 24: The Colors of Spring

Learn about the Hindu festival of Holi and enjoy the colors of spring in this Multi-Gen service.

March 31: **A Tomb is No Place to Stay** Rev. Lisa Romantum Schwartz

Join us for Sunday Worship at 10 a.m. in person and on Zoom

Youth and Adult Faith Formation classes meet from 11:15 a.m. to 12:15 p.m. every Sunday. Nursery is available during Worship and the FF hour.

Announcements



LAST CHANCE! Endowment Fund Grant Applications are due by this Sunday, March 31 at 5 p.m. Submit your application online here: Endowment Grant Application - 2024 or pick up a paper copy in the church office.



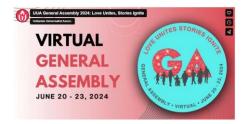
UUA GENERAL ASSEMBLY VIRTUAL GA · JUNE 20 - 23, 2024

General Assembly Volunteers Needed

ORUUC has the opportunity to send, virtually, six voting delegates to the General Assembly this summer. The Board is looking for a few church members who are interested in listening to and reading about various things being voted on, including the Article II Study Commission's proposed change to Article II.

The date for GA is June 20-23 and this will be a completely virtual GA. You will attend from the comfort of your own home. Being a voting member is free (donation accepted), but this does not include the non-voting activities. Attending the conference and all other activities costs \$350 before May 15 and \$400 after that date.

ORUUC would like to send six (6) voting delegates. If you are interested in volunteering, contact the church office (<u>office@oruuc.org</u> or 865-483-6761) by April 12. The Board must vote and turn in the names of our delegates by April 15. Thank you!



the Labor of Dying Join Mare Martell at Dak Ridge Unitarian Universalist Church Bo Oak Ridge Turnpike in the Social Hall Applied A, 2024 at 11:15 AM

Join Mare Martell for a presentation on the Labor of Dying during Faith Formation Hour on Sunday, April 14. This talk will include topics surrounding palliative care and hospice, the stages of dying, and grief. Mare is a caregiver, end-of-life doula, and UU lay chaplain.

For more information, visit <u>https://lightoflove.net/</u> or reach out to Mare at <u>maremartell@lightoflove.net</u>.



Update from EMBERS (The Earth Mindfulness Based on Earth Religions and Spirituality) Group: EMBERS' regular meeting scheduled for April 8 is cancelled to accommodate those traveling for the eclipse. The meeting is rescheduled to Monday, April 15, 6-8 p.m., in the Hearth Room. For more information, please contact Jen Stark or Amanda Fishel.



Richard Martel moved recently and would love visitors, mail, or email/phone calls! Richard Martel Victorian Square 241 South Chamberlain Avenue Rockwood, TN 37854 Phone(865) 314-6729 Where2beaware@proton.me

Announcements



Now on Exhibit in the ORUUC Gallery: Photographs by David Kocher

David began his adventures in nature photography when he realized at age 44 that he needed a hobby. He especially wanted to photograph wildflowers. He joined camera clubs and entered their competitions, read books, magazines, and photo traveler newsletters, attended workshops, and pored over Sierra Club calendars. David's photographs showcase some of his favorite places: the Smokies and Blue Ridge Parkway, Colorado Rockies, Glacier National Park, Canadian Rockies, Oregon's Columbia River Gorge, and Denali National Park in Alaska. His photographs will be on display through the spring.

Stop by to view this free exhibit during church office hours, Monday through Friday from 9 a.m. to 3 p.m., or on Sundays. All are welcome!

http://www.oruuc.org/current-exhibit



Interested in helping with this year's Auction? Email Nancy Starr at <u>starroakridge@gmail.com</u>.



Thanks for the continuing donations to ORUUC's Non-Perishable Food Pantry! **This month's greatest needs are canned fruit, soups, pastas (mac n' cheese), and peanut butter.** Please bring your donations and leave them in the box in the church lobby, or in the box in the pantry, located in the kitchen. Thank you for helping us make this community resource possible!



Contact Steven Albright for more information. All are welcome!

Caring for Each Other



Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery? Contact the church office: (865) 483-6761 or <u>office@oruuc.org</u> or a Caring Coordinator!

Caring Coordinators for April

Amanda Fishel <u>amsfishel@gmail.com</u> 865-804-7033 Ellen Faby <u>elfab418@gmail.com</u> 865-363-1092

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

Margarete Ohnesorge Memorial Service Saturday, March 30 at 2 p.m.



Margarete Ohnesorge, age 89, of Oak Ridge, passed away on Tuesday, January 9, 2024, at Commonwealth Senior Living, attended by her daughter.

She was born Margarete Kirchner on April 18, 1934, to the late Gerhard Kirchner and Erna Vogt, in Bremen, Germany. In 1950, she moved to California at the age of sixteen. Once living in the States, Margarete preferred to be considered American. In 1962, she moved to Oak Ridge with her husband, Jim Ford. There she had her first child, Jimmy, who passed away in 1968 from leukemia.

Margarete was an avid photographer who joined the Carbide Camera Club in 1975. After 23 years of marriage, Jim passed away at age 50 in 1984. Margarete then went back to school to qualify as a Health Physics Technician and found work at Oak Ridge National Laboratory in bioassay.

Margarete met Walter Ohnesorge at ORNL and they married in 1991. They were kindred spirits who loved being outdoors as much as possible. After Walt retired, they traveled and went hiking more than ever. Margarete's photography captured their wonderful experiences together until Walt passed away in 2013.

Margarete was preceded in death by son, Jimmy Ford; first husband, Jim Ford; second husband, Walter Ohnesorge; sister, Erika Nash; and brother, Peter Kirchner. Survivors include children, Susan Ford and Kenneth Ford, both of Tennessee, and sister, Heide Taylor, of Australia.

In lieu of flowers, the family requests donations be made to TennGreen Land Conservancy at tenngreen.org.

Margarete was a member of Oak Ridge Unitarian Universalist Church. The family will host a memorial service at the church at 2 pm on Saturday, March 30, 2024. Margarete's ashes will be interred at Oak Ridge Memorial Park. Online condolences may be left at <u>www.weatherfordmortuary.com</u>.

Ongoing Activities at ORUUC



Line Dancing Sundays at 3 p.m. We learn a variety of dances: country, jazz, waltz and cha-chas. Through our dancing, we bring together total strangers in the community and develop close friendships with the willingness to share individual talents with others. A donation of \$3 per session is suggested .For more information, contact Jo Curran or Steven Albright. There will be no Line Dancing this Sunday. Happy Easter!



Tai Chi Mondays, Wednesdays, Fridays 11 a.m. – 12 noon

We minister to health & stability through learning & practicing tai chi. Help maintain & improve balance, strength, and blood pressure, and reduce knee, arm, shoulder & back pain. For more information call Janet Hoegler at 865-963-5115.



Ukulele Group Our scheduled meetups in April are Saturday, April 6 and 20 at 3 p.m. in the Sanctuary. We'd love to have you join us! Abbie Moore abbie.moore@icloud.com.

Social and Volunteer Opportunities



Zentangle Group Sundays 5 to 7 PM

Introductory and Continuing Classes \$10 including starter supplies (cash only) For more information, contact Nancy Starr, Certified Zentangle Teacher 865-483-8684 (landline) 865-742-9993 (mobile/text) starroakridge@gmail.com There will be no Zentangle this Sunday. Happy Easter!

Ecumenical Storehouse Pick Up Saturday, April 20, 9 a.m.-12 noon Volunteers needed!



Each month, ORUUC picks up donations for Ecumenical Storehouse, which supplies furniture and household goods to those in need. There are many ways you can help! **Please contact Martin Bauer at** <u>bauermlb@gmail.com</u> for more information.



Eggs and Pegs are back! Play cribbage, eat breakfast, have fun **Sunday, April 7**! These get togethers will be held the first Sunday of each month at 8:30 a.m. in the Social Hall. Questions? Talk to Brandon White, Christina Elliott, Jane Flanagan, or Shelaine Curd.



ORRUC is always looking for members to add to its Caring Team! **Contact Rachel in the church office (865-483-6761) or**

<u>communications@oruuc.org</u> if you would be willing to be called upon occasionally to

- Provide transportation to Sunday services, evening events at church, or medical/dental appointments
- Run errands or grocery shop
- Provide/deliver meals
- Visit
- Perform minor home repairs
- Provide computer repair and support
- Haul items by truck
- Provide pet care
- Help with Memorial Service receptions
- Support new parents
- Perform yard work
- Sit with someone during Worship



Pack "Food for Kids" with Second Harvest at First United Methodist Church of Oak Ridge. This program provides backpacks with nonperishable foods for preschool and elementary students to take home on weekends. The next packing date is Monday, April 15 starting at 12 noon. Questions? Contact Coordinator Cara Weigel at 865-481-8108.

Family News



Bring your spare change to church this Sunday for the annual egg hunt! There is a collection basket in the lobby. ORUUC teens will fill plastic eggs with the coins, then hide the eggs around the church grounds for preschool and elementary-age children to find during the egg hunt at 12:15. When all eggs have been discovered, the children will empty the change into their baskets, then choose which Split the Plate organizations to donate to, while learning a bit about each one as they decide. It's a wonderful tradition! Parents of younger UUs: Please remember to bring a basket Sunday to participate in the egg hunt!



ORUUC is starting a banned book library in the Middle School room! If you are willing to donate any banned books you already have, please leave them in that room or in the church office with a note specifying that they're for the banned book library. Questions? Contact Multigenerational Director Whitney Cole.



Meets monthly at various churches in Oak

Ridge. Visit https://www.facebook.com/groups/371268369619360 or email Anne Backus backusanne@comcast.net.



Mother Goose with ORUUC's own "Father Goose" Michael Raymond! Babies through preschoolers will have fun singing, clapping, dancing, and moving with their parents, grandparents, or other caregivers.

First and Third Thursdays ^{at} 10:30 a.m. in the Oak Ridge Public Library Meeting Room

Don't miss the next gathering April 4 and 18!

View and sign up for the Oak Ridge Public Library's newsletter here: https://mailchi.mp/oakridgetn/orplfeb24



Childcare is provided for children ages 10 and under for church meetings and events. Please complete this form TWO WEEKS in advance:

https://form.jotform.com/231284551294053. Thanks!



Check out ORUUC's monthly Family newsletter, *Connecting in Spirit,* by visiting https://www.oruuc.org/connectinginspirit.

Community News

The League of Women Voters of Oak Ridge welcomes the community to Lunch with the League Tuesday, April 2 from 11:30 a.m. to 1 p.m. at ORUUC. All are welcome to bring their lunch or purchase a boxed lunch for a nominal fee. Coffee and tea will be served. The presentation will begin at noon.



How the Truth of Lethal Injection Could End the Death Penalty

The League is honored to present Professor Corinna Barrett Lain, the S. D. Roberts & Sandra Moore Professor of Law at the University of Richmond School of Law and recipient of the University's Distinguished Educator Award, the highest award the University bestows. Professor Lain is one of the nation's leading authorities on the death penalty and has published numerous articles, essays, and blog posts about lethal injection over the last decade.

Professor Lain is one of the leading voices on criminal justice in Virginia where she teaches trial court judges, conducts annual training sessions for the Virginia Indigent Defense Commission's public defenders and is the lead speaker at the Virginia State Bar's annual criminal law seminar. She also sits on the esteemed Virginia Criminal Justice Conference, a reform body that includes a Virginia Supreme Court Justice and several members of the Virginia Court of Appeals, and whose charge is to recommend and draft criminal justice reform proposals for legislative consideration.

Professor Lain is a former prosecutor, and former sergeant in the Army, where she served as a truck driver.

Lunch with the League welcomes League members and nonmembers alike to this informative presentation. The League of Women Voters of Oak Ridge is a nonpartisan political organization for men and women. It encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy. For more information, visit https://my.lwv.org/tennessee/oak-ridge.



The Scarboro 85 Present: The Fisk Jubilee Singers in Concert

A Night of Joy and Celebration

Tonight's concert featuring the Fisk Jubilee Singers from Nashville is SOLD OUT! If you were fortunate enough to get tickets, enjoy! If you were unable to get tickets, but you'd like to learn more about the history of this amazing group, and where you might be able to see them in concert, visit <u>https://fiskjubileesingers.org/</u>.

For more information on efforts to honor the Scarboro 85, contact John Spratling at 865-363-9759 or jspratling@ortn.edu, or visit https://scarboro85monument.com/.



ORUUC received several letters of appreciation from community organizations that are Split the Plate recipients.

Tennessee Citizens for Wilderness Planning received \$1,581.49 in Split the Plate contributions from ORUUC in 2023. TCWP is dedicated to protecting natural lands and waters by means of public ownership, legislation, or cooperation of the private sector. Its efforts focus on the Cumberland and Appalachian regions of East Tennessee, but may extend to the rest of the state and the nation. For more information about TCWP, visit <u>https://tcwp.org/</u>.

The Free Medical Clinic received \$867.50 in Split the Plate contributions in 2023. In 2023, the organization recorded over 12,000 patient encounters, providing \$7.8 million worth of care to rural and minority, low income and uninsured neighbors. For more information on the Free Medical Clinic, visit <u>https://www.fmcor.org/</u>. Thank you, ORUUC!

This Week at ORUUUC

Friday, March 29 9am Stone Soup prep 11am Tai Chi Practice 5:30-6:30pm Stone Soup Community Meal

<u>Saturday, March 30</u> 2pm Memorial Service for Margarete Ohnesorge

<u>Sunday, March 31 EASTER</u> 10am Worship

11am High School
11am Together in Spirit
11:15am Newcomers
11:15am Reflections
12:15pm Egg Hunt
12:30pm Buddhism Study Group
3pm Line Dancing (Canceled)
5-7pm Zentangle Group (Canceled)

Monday, April 1 11am Tai Chi Practice

Tuesday, April 2

11:30am League of Women VotersLunch with the League6pm Depression & Anxiety Group

Wednesday, April 3

6:30am Breakfast Rotary11am Tai Chi Practice11am Circle of Trust VIII1:30pm Executive Team Meeting7pm Choir Practice7:45pm Band Rehearsal

Thursday, April 4 12:30pm Lunch Bunch

To view the church calendar anytime, visit <u>https://www.oruuc.org/members-</u> section Need password help? Contact the church office!



ORUUC is still collecting plastic lids for a potential future project. Please leave donated bottle caps and lids in the yellow tub in the church lobby. Questions? Ask Steven Albright or April Dixon.

The deadline to submit news for the next *Exponent* is <u>Wednesday, April 3 at noon.</u> Please send news, comments, and feedback to Rachel at communications@oruuc.org.



809 Oak Ridge Turnpike Oak Ridge, TN 37830 Contact us at 865-483-6761 <u>http://www.oruuc.org/</u>



ORUUC Board of Trustees 2023-24

President: Jason Fishel Past President: Michele Thornton President-Elect: Kara Raymond Secretary: Nathaniel Bass Treasurer: Brandon White Members-at-Large: Freddie Nechtow Charles Davis Jami Garner Jen Stark

ORUUC Executive Team

Rev. Lisa Romantum Schwartz Whitney Cole (for Christine Rehder) Amanda Fishel Donna Maloney Jeannie Cuevas, Office Administrator





April 7 is Stewardship Sunday! Stay tuned for details!